The ROSICRUCIAN MAGAZINE

Rays From The Rose Cross



FEATURES

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Dawn of New Age Art

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THE ROSICRUCIAN FELLOWSHIP

Oceanside, California, U.S.A.

The

ROSICRUCIAN MAGAZINE

Rays from the Rose Cross

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The Rosicrucian Fellowship

ITS MESSAGE AND MISSION

Formerly religious truths were intuitively perceived or taken wholly on faith as dogmas of the church. Today a growing class demands that immortality and kindred matters be proved to the intellect, deductively or by observation, as are other facts of life, for instance, heredity. They desire religion as much as their fathers, but want the ancient truths in modern dress, congruous to their altered intellectual condition. To this class the Rosicrucian Fellowship addresses itself with a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man which is as strictly scientific as it is reverently religious; a teaching which makes no statements not supported by reason and logic, which satisfies the mind by clear explanations, which neither begs nor evades questions, but offers a reasonable solution to all mysteries so that the heart may be allowed to sanction what the intellect believes, and the solace of religion may give peace to the troubled mind.

People of various denominations enter educational institutions such as Harvard or Yale, and study Mythology, Psychology, and Comparative Religions there without prejudice to their religious affiliations. Students may enroll with the Rosicrucian Fellowship on the very same basis. Our teachings, which aim to emancipate from authority of others by pointing the way to firsthand knowledge, are given by correspondence graded to suit the different classes of applicants. Upon request the General Secretary will send an application blank for enrollment to anyone who is not a *Hypnotist, or a Professional Medium, Palmist, or Astrologer.* Courses are available in the Rosicrucian Philosophy, Astrology, and Bible Study.

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The Current Outlook

[From the Rosicrucian Viewpoint]

Techniques of the Subconscious Mind

By Joseph Darrow

WE all know that we have a conscious mind, but many are unacquainted with the fact there is a subconscious mind in every human being, which in some respects is more important than the conscious, because it has a very profound effect upon all branches of life. The subconscious mind is largely the subject of psychiatry and neurology. These sciences are now being extensively used in the various armies of the world to help promote morale and prevent the crack-up of individuals who without the knowledge of the subconscious mind often defeat themselves and have to be discharged from the armed forces.

In "This Week," the Sunday magazine of the Los Angeles Times, a recent issue showed some of the important facts and characteristics of the subconscious mind and how to make practical use of them. They were ten tested recipes given by Doron K. Antrim for different troubles which individuals meet with in their daily life—recipes which when carried out faithfully usually overcome the difficulty in question. We will comment on some of these methods in the light of the Rosicrucian philosophy.

Practical Uses of the Subconscious Mind

Worry, or fear, seems to be one of primary difficulties which the human race has to overcome. In the article in question the learning of thought control is given as the primary means of mastering these emotions. Thousands and thousands of people have worried themselves into various kinds of disease. The method recommended to overcome this is that of substitute thinking; in other words stop thinking about the thing that worries you and deliberately think of something else, preferably something of a constructive character.

As a practical method select certain metaphysical or practical truths and make them into the form of an affirmation, then repeat this affirmation over and over until it sinks deeply into the subconscious. When this has been practiced to a considerable degree, it will be found that you have forgotten the original source of worry and automatically take up the new line of thought whenever the former presents itself. This is the technique of crowding out the negative worry habit by something constructive.

Getting Rid of Fear

Another subject discussed in this article was that of getting rid of grudges, that is, putting hate out of your mind, because a grudge is always a form of hate. When one has a grudge against someone else or a pronounced dislike of a certain person and his characteristics, instead of expressing this dislike or resentment rudely to the person in question, simply write it down on paper instead of saying it. Write out your dislike or resentment as fully as you please even if it takes several pages of paper. By so doing you will release the emotions involved and thus have dissipated them.

Then burn the paper, and you will find that you have very effectually gotten rid of all, or a large part, of your angry or resentful feelings against the person in question.

Improving your disposition by forgetting gloom and refusing to be a grouch is another important subject covered in this article. Instead of thinking in terms of gloom and looking on the dark side of things, force yourself habitually to adopt the opposite mental attitude. The method recommended to begin with is to make a certain number of cheery remarks to others each day, say four at first, then increase the number gradually. Adopt a three-month's schedule in developing this technique. It was found in the Psychology classes of Wichita University that such a schedule was usually sufficient to establish a hopeful attitude toward life, and that no further practice was needed.

BREAKING UP THE SENSE OF FAILURE

A sense of failure is a potent cause of the loss of morale and giving up further effort. It has been found by Army Psychologists that when the sense of failure becomes marked, it unfits the soldier for further combat duty. Similarly it unfits the civilian for the successful prosecution of his work or profession. The method used to eliminate this condition is to erase from the memory all thoughts of past failures, and substitute for them those of success. As the article says, "Cease to remind yourself of your past failures and you will forget them. Think instead of your successes. With that picture firmly in mind it is amazing what you can do." Thought power is creative; therefore, devote your creative thought to present and future successes instead of past failures, and you will find that the failures will begin to fade out of your mind, and that success along any line which you are following will automatically become habitual.

The next technique is to forget the thing you fear by doing it. Action brings into play the will, which is man's most potent force when it is developed. Therefore, if you are afraid of a certain thing, pay no attention to that fear but go straight ahead and do the thing itself. Learning to overcome stage fright is taught by this method in Bernard Gabriel's Society for Timid Souls in New York. This Society consists of musicians, actors, speakers, housewives, stenographers, and others. For instance, in the case of the musician who is thrown off balance by noise, the method is to instruct the audience, composed of the Society, to make every possible kind of noise when he starts to perform. If silence unnerves him, then the audience is instructed to remain perfectly silent while he is performing. It is soon found that he gets used to this sort of thing and is no longer bothered either by noise or by silence.

MASTERING THE NERVES

In the beginning of the war blitz in England, there were many nerve-shattered individuals due to bombing noise. However, after a time they became used to it and their nerves no longer bothered them in the majority of cases. Two weeks was the usual period necessary to accomplish this result. Thus the nerves can become used to anything if it is repeated long enough, particularly if accompanied by the thought or affirmation that it cannot hurt you.

Another technique for ridding onself of fear is that of associating a pleasant thought with it instead of a fear thought. This has to be done mechanically and methodically in the beginning, but if continued long enough the fear will disappear. The example given was that of a woman who was afraid to go into closed spaces, like basements of buildings. She was told to take an interesting novel with her, together with her pet dog, into the basement and to spend her time there for short periods reading from the novel. The periods

were gradually lengthened, and in three weeks she found that her fear of the basement enclosure was entirely gone.

Getting rid of objectionable habits is another subject which can be scientifically and successfully treated. The method recommended is to *consciously* perform them instead of doing them automatically or subconsciously. The example described is that of curing oneself of nail biting. The subject was told to stand before the mirror five times a day, five minutes each time, and bite his nails consciously. It didn't take very long for him to find that he had changed the habit from the subconscious to the conscious class, and that he didn't have to do it unless he wanted to. Thus he had rid himself of a subconscious habit by utilizing the knowledge of the subconscious mind, which is now available.

Getting rid of bad habits which are pleasureable was also described. It was stated that you can forget and get rid of them by making them unpleasant and difficult to gratify. Smoking is the habit mentioned in the article. Instead of breaking off sharply it was found by psychologist Henry Link, that the best method was to taper off, and to make the tapering off disagreeable and difficult to perform. He first carried no smoking material with him at all and had to walk some distance for it, or beg it from somebody else. The next thing he did was to stop carrying matches, and he had to get them from others, which was a nuisance. He eventually invented enough difficulties so that smoking became such an effort that it wasn't worth while, and thus he got rid of it.

METHODS FOR MASTERING BAD HABITS

Short periods of relaxation in work are found to produce more and better work in the long run than continuous application to it. The best method is to change entirely from what you are ordinarily doing in the case of your regular work. Do something else for a few minutes occasionally. Forget your job completely during those few minutes, and then when you come back to it you will be refreshed and will do more and better work than you would have if there had been no break in the procedure.

Most people clog their minds with a lot of useless and annoying trifles. The method to use is to forget them; don't try to keep them in your head, but jot them down in a notebook. Thus your mind will be relieved of unnecessary details.

The preceding examples illustrate that the method of sheer will power, the do-or-die method of breaking up bad habits is not as effective as utilizing the power of the subconscious mind. Another element in the situation is that in trying too hard not to commit an error, or to overcome disagreeable habits, one thereby keeps reminding himself of them instead of forgetting them, the latter being what he really should do. It sums up to the case of forgetting the bad and remembering the good.

When the Rosicrucians speak of the subconscious mind, they are referring primarily to two of man's finer vehicles, or bodies, which the average person doesn't know he possesses at all. Those two bodies are, first, a vital body, which makes an exact record of every act and of all one's surroundings. It is the seat of the subconscious memory, far more perfect than the conscious memory. The second body in question, is the desire or astral body, which is the vehicle of all emotions and desires. This is the body with which one is primarily concerned when he starts in to overcome bad habits. When these two vehicles are mastered and working in harmony with the conscious mind, one will have mastered most of the difficulties mentioned in this article. Then he will have gone a long way forward in his evolution.

THE NATURE OF THE SUBCONSCIOUS MIND

The Mystic Light

The Rosicrucian Fellowship

The Rosicrucian Fellowship is a movement for the disseminaton of a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man, showing both the spiritual and scientific aspects. The Rosicrucian Philosophy gives a reasonable solution to all mysteries of life. It is entirely Christian, but presents the Christian teachings from a new viewpoint, giving new explanations of the truth which creeds may have obscured.

Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY

Dawn of New Age Art

BY HASMICK VEE

IMAGINE yourself standing upon a mountain top, freed from earthly care and limitation, then soaring into the luminous ethers while listening to waves of melody from a celestial symphony—doesn't it sound like a beautiful dream? Yet all this and more is the feeling experienced when witnessing that marvel of New Age art called the Auroratone. Far from being a figment of the imagination, the Auroratone, a scientific process developed by Cecil Stokes after 15 years research and laboratory work, is a thrilling reality. Yes, here and now we have a shining example of what the New Age holds, waiting in time and space, fresh and fragrant with the dew of eternity.

Students of the occult have long been aware of the fact that every sound has its corresponding color, pattern, and direction, and consequently accept the Auroratone as the first dawn-gleams of the New Age, brought into our day for a definite purpose by the Great Ones who minister through color and music to the inhabitants of earth.

Perhaps some of you have seen a demonstration of what is called "polarized light," an invisible ray which when projected at various rocks and minerals, brings out the color vibrations inherent within their molecules. This was an extremely interesting demonstration; for drab-colored rocks, brownish or grayish in tone, blossomed forth in gorgeous rainbow hues when placed in the path of the polarized light ray. However, it only served to hint at the wonders made manifest by the Auroratone, which the writer was privileged to see a few years after its completion.

When hearing about the Auroratone, people often question whether it is comparable to "Fantasia," the Walt Disney color production. Only those who have never witnessed the Auroratone in action could venture such a comparison, for "Fantasia," though unique in its particular field, was strictly the product of human skill and human artistry. Undoubtedly a worthy attempt was made in "Fantasia" at interpreting various musical masterpieces through depicting their *imaginary* color-pattern equivalent, but the quality was uneven, for while some portions had balance and beauty, others were merely grotesque or curious, Yet it did succeed in presenting to the general public the idea that music can be interpreted in color, pattern, and motion.

Then, too, there is an instrument known as the "color-organ," or Clavilux, which again presents a theory of

what the color correspondences of certain musical compositions would be. Though a step in the right direction, it does not give the true color vibrations produced by music.

But the Auroratone goes beyond conjecture, and through a highly advanced scientific process (which will be described briefly) actually translates sound into color, making music itself *visible!* "No human artist is responsible for painting or drawing these radiant forms and colors. The hand of man has not created any of these color-patterns." And it is no exaggeration to state that there is nothing in the outer world today that can even begin to reach the heights which the Auroratone does. The beholder is stirred to the very core of his being by viewing glories of our universe, heretofore hidden to most mortals, and now revealed by the Auroratone in all their pristine purity of color. At last we have visible proof that heaven is all about us; and triumphant confirmation of the reality of that spiritual realm which poets, prophets, and seers have contacted down through the centuries.

When Thomas A. Edison was asked by a highly respected American manufacturer and industrialist what the next great development along scientific lines would be, he made a very significant reply: "If you take your religion seriously, the religion you profess, you should be able to answer this question yourself. This country has already gone too far technologically. Our next job is to catch up spiritually." Wise words from a truly wise and great man, which it would be well for America to heed.

As a bridge from the human to the divine, the Auroratone renders a tremendous service, causing people to reflect upon the good, the true, and the beautiful, God's eternally perfect creation. All that is bound up in the dreams of humanity for a world of harmony and beauty, the vague remembrance of the Edenic period of existence, is manifested by the Auroratone, as it takes the memory far, far back, to the glory we knew before the world was. Like muscles atrophied by long disuse, soul faculties stretch, and reach beyond the fetters of space and the tethers of time. Here, too, is rekindled the early race memory of kindly superhuman beings of godlike beauty and majesty, watching over their younger brethren on earth. Too long has this been relegated in the minds of many to the storybook region of myth and legend. The Auroratone reveals their cosmic domain, from majestic grandeur to fairylike loveliness of environment. At times, the beings themselves can be glimpsed, radiant with emanations of divine love.

Cecil Stokes, inventor of the Auroratone, who came to the United States from England in 1916, was undoubtedly chosen to be the one through whom this wonderful machine came into being, because of his devotion to the highest ideals. In him are combined the heart of a child, the mind of a sage, the zeal of the scientist, and the inspired joy of the artist. "The Auroratone takes from the invisible and makes visible colors which have been imprisoned in chemicals for millions of years," explains Mr. Stokes.

Specifically, it entails the use of especially constructed apparatus which steps up sound vibrations into the radio-frequency range; the "musical energy" is then broadcast on a certain wavelength and is controlled and directed so that it literally bombards a formula which is impregnated on special plates. The waves of light passing through the chemical formula cause the atomic structure of the formula to break down and the molecules to arrange themselves into certain patterns (chemical affinity) and many colors, depending upon the type of voice or musical instrument. Next, the pattern is "fixed" as a photograph negative is fixed in the hypo bath. These patterns are photographed in mo-

tion in their natural color and in the same sequence as they appear. After etching it on glass to prevent it from dissolving when projected onto the screen, the permanent record is synchronized with the music from which it is derived, by recording it on the sound track of the film. No pigments, dyes, colored glass, or gelatins are used.

To all appearances, these records seem to be perfectly transparent, colorless glass discs. But when projected on the screen, they reveal a whole realm of color and form and movement which escapes our ordinary sight. It is as though the beholder had been suddenly gifted with unlimited clairvoyant vision, microscopic as well as telescopic in range, which enabled him to see into the region of thought forms from which the music originated.

The nearest one can come to describing the Auroratone in action is to mentally visualize the colors of a fire opal magnified a thousand times and shown upon a full-size screen; the different colors weaving a constantly changing series of design and motion, flowing like a fountain of fire opal, now softening into ethereal tints, now intensifying into a myriad scintillating hues. From this fountain of color evolve forms akin to immense lilies, or a great rose slowly unfolding its petals to the sun's rays. Others seem like gigantic jewels: emeralds, amethysts, sapphires, or rubies, pulsing with heart-flames of cosmic fire.

Sometimes, too, the swirling color-forms blaze like molten fire, then turn into streams of cooling water, gradually changing into vast Olympian mountain peaks or substantial earth forms, then melting into transparencies as light as air; and now blending into gradations of these substances with a wondrous sheen and texture that defy description. Iridescent, awesome, and breath-taking in their variety and chromatic range, they are fascinating beyond anything to watch. Sheer magic, based on solid, scientific fact!

One who has some degree of understanding of planes other than that cognized by the five senses does not have to be told that this Auroratone is of divine origin—it is self-evident! No wholly human source could produce the wealth of color, texture and infinite rhythmic grace displayed in a single one of its features. Only great Spiritual Intelligences could create such overwhelming color vistas that touch the divinest emotions of mankind.

If the Auroratone were entirely mechanical in action, its response in recording color patterns from musical stimuli could be governed with more or less accuracy when repeating the same number several times in succession. To a certain extent, fluctuations can be controlled. For instance, a *phonograph recording* of a musical composition will produce the same Auroratone forms and colors every time it is processed. But a singer or orchestra will produce slight variations in Auroratone forms and colors of the same composition in successive renditions. The variable human element also enters in when several soloists sing the same song, resulting in considerably different forms and colors produced by them. Apparently the consciousness of the singer, and his or her position on The Path has a vital bearing on the production of these color patterns. Of two vocalists singing the same number, one a professional aiming solely for correct technique, creates forms and colors inferior to those of a singer who understands the divine mission of music and who makes up in purity of voice and sincerity of feeling whatever she may lack in technical perfection.

In time to come, all will have the opportunity of enjoying this amazing invention as easily as we now see ordinary movies. Even those today who are attracted solely by the novelty of the Auroratone, the "something-new-under-the-sun which I must see" attitude, reap a reward far beyond their expectations. For the Auroratone is the language of

the Soul, universal accord and concord, which the humblest and lowliest may understand.

It is becoming increasingly apparent that the mental horizons of many people are cramped and uninteresting, chiefly because their finer senses have been submerged. With material prosperity and high-powered movie and radio entertainment provided for them, still the faces of crowds everywhere express discontent and boredom. There is something lacking in their lives. They have placed their faith in graven images and found them wanting.

Now let this same group of individuals view the Auroratone for an hour or so, and you will find that during that time and for some time after, depending upon the receptivity of the individuals, their discontent and boredom are non-existent. For the Auroratone has an almost uncanny power of flooding one's consciousness—effortlessly but with irresistible force—and driving out every negative thing in the mind. The faculties concentrate naturally, absorbing the vibrant living color, pattern, and dynamic rhythms unfolding on the screen.

Listen to their comments at the end of a showing: "This is it! This is what we have been waiting for!" "I feel as though I'd been to heaven and back." "I'd like to see it again and again—I'd never tire of it." "I felt peace and happiness such as I've never had before." "It was like seeing with the eyes of an angel." (These are some of the actual remarks heard by the writer after an Auroratone recital.)

Then look at their expressions as they leave the auditorium. Exaltation, wonder, and a calm joy are uppermost. No boredom or discontent here!

We can conclude, therefore, that the Auroratone has a most salutary effect on the inner bodies, particularly in the stilling of the desire body, which responds before long to the dominant group thought of reverent attention, the outstanding audience reaction at such a showing.

What a blessing it will be when every individual can, at frequent intervals, have his consciousness lifted, expanded and illumined by the magnificent color revelations of the Auroratone! Even the most materially minded, and hardened "sinners," cannot help being better for such an experience. Mental and physical ills would be forgotten long enough for new hope, and a new influx of spiritual energies, to fill minds and bodies bringing forth order where chaos had reigned.

Aside from its great value as inspiring entertainment, there is still another field where the Auroratone shines. Many hospital patients have testified they felt amazingly better after seeing the Auroratone. Mr. Stokes has already filled requests for Auroratone recitals at a number of army camps in this country, in addition to units in Alaska and abroad. Army hospital personnel are unanimous in their praise of the Auroratone for its highly beneficial effect as a therapeutic agent in the treatment of psychoneurotic cases. It is also being used in Navy hospitals all over the world. Scores of army camps and hospitals in this country and overseas have viewed the Auroratone, resulting in a flood of commendatory letters from servicemen, army public relations officers, doctors and nurses. All agree that it has an unlimited field of service in the treatment of mental cases, especially psychoneurotic afflictions and ailments due to battle strain, and various types of shock.

Many army chaplains, too, attest to the great morale building value of the Auroratone. Servicemen have found it to be an ideal form of relaxation after their arduous duties. As one soldier wrote to Cecil Stokes: "When I had been very tired and discouraged, I went to see the Auroratone, and the difference when I came out was marvelous. There was no tension. I felt as though

I could accomplish anything I desired. What a wonderful thing it is for us as a means of turning our attention, even for a short time, from the destructiveness of war to the higher and more beautiful things of life."

When the Auroratone comes into widespread use as it will in the not too distant future, people will wish to learn of New Age principles and ideals. Through it a greater number can be more quickly awakened to their spiritual heritage than by any other single means today. Many are indeed ready, but need some unusual new impetus for study and investigation of this kind, thus hastening evolutionary progress individually and eventually for the world. The majority of minds today, especially those of the younger generation, require graphic proof as an incentive for study of such a nature, involving the finer forces and the occult aspects of our universe. Direct contact with a great spiritual experience is no longer reserved for the few, but all who will may touch the "hem of the robe of glory," which the Auroratone reveals. Thus arousing a lasting enthusiasm for the study and application, esoteric as well as exoteric, of color and sound, the possibilities of what can come forth thereby are limitless.

Realizing the high mission of the Auroratone, the inventor has wisely refrained from interpreting by this method the raucous type of popular "music" which all too often assails one's ears today. (Such an experiment may have been made in the interests of science, though not for general distribution.) One can well imagine the chaotic and discordant color patterns which would result from these wild, unhappy sounds. We who know the effect of color and sound vibrations on the human organism, visible and invisible, should be very grateful that Mr. Stokes has used the Auroratone for depicting sublime and melodious musical compositions translated into color. Second to the discovery itself is the inventor's successful accomplishment in keeping it free from exploitation by wholly commercial channels. Inherent in this sacred trust was the power of its own rightful expansion.

Because of its soothing and harmonizing effect on groups of people from all walks of life, regardless of race or creed, may it not be possible, then, that the Auroratone has still another service to perform—that of being an instrumentality for establishing permanent World Peace? Such is not improbable, when the clouds of war have cleared, and may well be within the all encompassing scope of the Auroratone, whose glorious radiance presages a new and brighter age.

Sanctuary

BY DOROTHY HARVEY

I have a tiny quiet room,
A sanctuary all my own
Where I can shut the world away,
And God and I are quite alone.
And when I close the door at night,
My troubles shrink and sorrow pales,
It's then I loose my load of care
Upon the heart that never fails.

And whispers steal into my soul—
That comfort bring, and peace again;
They lift the burden from my heart,
And blot awhile the needless pain.
My little room—how safe its walls,
What peace and solace linger there!
For in its silent star-lit gloom,
I nightly meet my God in prayer.

And though grim forces round me fling
Their menace of the day's defeat,
Draped in the curtains of the night,
I rest in silence calm and sweet.
My gracious solitude to share,
My gracious solitude to share,
No shadow mar the night's deep sleep—
For only God and I are there!

The Ten Commandments Today

By Wesley D. Jamieson

THE TEN COMMANDMENTS

1. Thou shalt have no other gods before me. Thou shalt not make make unto thee any graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.
2. Thou shalt not bow down thyself to them nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And shewing mercy unto thousands of them that love me, and keep my commandments.
3. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.
4. Remember the sabbath day, to keep it holy. Six days shalt thou labor, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maid servant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.
5. Honor thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
6. Thou shalt not kill.
7. Thou shalt not commit adultery.
8. Thou shalt not steal.
9. Thou shalt not bear false witness against thy neighbor.
10. Thou shalt not covet thy neighbor's house, thou shalt not covet thy neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbor's.

THE Ten Commandments are our first great pledge of the fact that we live in a world we can rely upon. Everything that the human mind has discovered about this world since then has strengthened this belief. Many persons feel that science destroys their faith in religion; science is forever uncovering and making practicable the rocky ledge of a reliable world upon which all religion must be built.

We can ill afford to criticize or reject the work of modern science as it makes more and more sure to us the world of law, upon which true Christianity rests. The Christ built on this foundation in His time. He preached a life in which "they have their reward." Thomas Huxley stated that "the ledgers of the Almighty are strictly kept, and each one of us has the balance of his operations paid over to him at the end of every minute of his existence."

There is nothing more majestic and solemn than the eternity of law. Man is organized restriction. He cannot pass a certain boundary without peril; he is a living code of law. Atoms and worlds, liquids and solids, plants and animals are bounded by limitations. Flowers bloom, trees grow, fish swim, birds fly, beasts roam, lightnings flash, thunders roar, oceans roll, all within limitations.

Some say the Ten Commandments are outworn moral platitudes. But a platitude is not a falsehood; it is simply a truth that has lost for the moment its truthfulness because we are not putting it into practice. The time will never come when we can afford to do away with the reliable rock righteousness of the Ten Commandments.

It is further said these commandments are unfitted for modern life because they are mostly negative. Men complain that Christianity is still a list of the things one may not do, rather than an open door to the things one may do. It is said of Lycurgus that he would not permit his laws to be written. He wanted the principles of government in the lives and manners of the people, as most conducive to their happiness. When the Ten Commandments are obeyed, not from outer compulsion or from fear of

painful consequences, but because they are recognized as the right and desirable way of life, then the tenfold "shalt not" yields to the twofold "shalt"—Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind; and thou shalt love thy neighbor as thyself. Life then passes from a negative to a positive condition; the lesser is swallowed up in a higher law.

It is still dangerous to steal and lie and blaspheme and covet. Nothing that Christ Jesus did for us to expand our understanding of God and man has done away with the danger of unrighteousness. If anything, Christ heightened our sense of the peril to our spirit in the world. It is not only dangerous to do the evil deed, it is dangerous even to think the evil thought. It is a world in which we must "watch" and "fast" and "pray." The Master so far from blotting out life's great "Thou shalt nots" gives us a new and deepened sense of their meaning. In so far as Christ opens to us a world of positive duties and affections, rather than of prohibitions, He does so because He makes us doubly safe by a more alert watchfulness for the temptations and sins that do so easily beset us.

Are we so in love with success, wealth, power, and pleasure that we are trusting in them? Then the first law warns, "Thou shalt have no other gods before me." The Speaker is the eternal God, who has competitors in evil spirits and selfish men. When men trust in false gods they miss the best in life because they do not learn to know correctly themselves, their neighbors and God. Idolatrous priests, like despotic rulers and tyrants with new Orders, when they are obeyed without question, deteriorate in character, and finally degrade the people who accept their teachings. They lack the strength to be true, honest, and constructive in their ministries, and begin to fleece the people, building up systems of practice for their personal benefit. The first Commandment is attuned to Aries, the meaning of which is self-sacrifice, human lives surrendered to God. Gideon and his men broke their pitchers and let their light shine out. A broken vessel symbolizes a consecrated and surrendered human life. God uses the broken things, the broken bread, the broken rock in the wilderness, the broken roof of Capernaum, the broken alabaster box of ointment, the broken body of Christ. God dwells in broken, contrite hearts; from them His light shines out, and the people who sit in darkness see a great light.

Are we so centered on some object, plan, or purpose that we crowd God out of His rightful place in our lives? Then the second commandment cautions us against everything that might replace Him in our worship. In moving toward the goal of realizing God as the one ensouling life in the universe, the second commandment requires that no part be worshiped as the whole. No graven image, no humanly conceived object can circumscribe God, Spirit. He must be worshiped in spirit and in truth. The first commandment tells us *whom* we are to worship, and the second indicates *how*. God is the declarer of the highest ideals the mind of man has grasped; He is the Teacher whose exalted precepts have yet to be surpassed. By living according to those high ideals and exalted teachings we worship and honor the true God. This second commandment is linked with Taurus, the sign of the image-building faculty. To bow down before the imperfect images conceived by man brings discord and inharmony; to live in accord with the perfect pattern shown to us on the Mount of our spiritual mind-consciousness is to receive His mercy and dwell in harmony with Cosmic law.

In a fit of temper or an uncontrolled moment does bad language appear justified or a fitting expression of our opinion or attitude? Then we are reminded not to take God's name in vain. Speech is sacred and creative; to use that holy

force for any idle or illegitimate purpose is to take the Name of the Lord God in vain. Profanity is a sin to which there is no enticement, and which brings not even a semblance of gain. It is neither helpful in business nor in professional life. This habit puts one under a shadow, for when a man employs profanity it is easy to think he also does other things which he knows he ought not to do. This commandment forbids jesting at holy things, since God honors them. It also forbids to mock at sin, since if men have that attitude toward wickedness, it can only be because they do not realize how sad and devastating it can be. Men should never regard sin lightly, since sin mars character, makes humanity stumble, brings suffering, incapacitates for joys and useful deeds. Gemini correlates to this third commandment, since it rules speech. Gemini is dual; on its higher side it recognizes the sanctity of the I AM; on its lower side it takes that sacred name (force) in vain misuse.

Does the world entice us to pleasure so strongly that we plan to use the Lord's Day wholly for it? Then we have counsel in the fourth commandment to remember the Sabbath day to keep it holy. In Nehemiah's day they trod in the wine presses, harvested the grain and went to market on the Sabbath. In our day they do these things, and also go to picnics, ball games, ride on railroad trains, go on excursions, and fill the land with pleasure-mad activities. The curse against idolatry is joined with the sin of Sabbath desecration over and over in the Scriptures. The profanation of the Sabbath is just as great a sin as to take God's name in vain. The aim of evolution is to enable man, a god in the making, to learn to express his latent divine powers in the production of the new heaven and new earth, and to spiritualize his mind and regenerate his body. In order that humanity may enter upon this Great Work it is necessary for it so to live that every moment of the vast sevenfold cycle of time be devoted to some high and holy purpose. The Sabbath was not merely a Jewish institution, it was established long before that nation came into existence. Man needs both labor and rest. Both for the sake of worship and to minister to the body's need for rest, we should resist efforts to commercialize the Lord's day. This fourth commandment hints at the conservation of the creative fire, since it is correlated to Cancer, the sign of the home or body. Keeping this commandment means preserving the home and family joys and pleasures. The Divine Being knew that was going to help humanity, and so it has, although there may be times when the law of help is greater than the law of rest. If it were permitted to lift a sheep from a pit on the Sabbath, why is it not lawful to lift a man from some pit of error into which he has fallen?

Are we in danger of thinking too highly of self and too meanly of our parents, ignoring what we owe them and failing to compensate them for their sacrifices in our behalf? Then the fifth commandment reminds us to honor them, the earthly reflectors of our Father-Mother God. The ancestor worship of earlier races, and its survival among their descendants, the Mongolians, is based on a realization of this correspondence and the sacredness of the relationship between the Creator and the creature. We may understand the Lord by "father," and the church by "mother," and to honor means to love. Or we may understand the Divine Love by father, the Divine Wisdom by mother, and by "honor" to do what is good from God. This fifth commandment unites the two tablets of the law by the unifying power of love. When the Sun passes through Cancer and Leo it reaches its northernmost declination, the time is midsummer, the powers then operating on the earth, and its life waves, are most strong. Mystically, there is the blending of the principles of Fire (Love) and Water

(Wisdom) within the body of man. Such a one will be "long upon the land (realm) which the Lord (Law) establishes for him."

Virgo is correlated to the sixth commandment, "Thou shalt not kill." Virgo is the sign of the chaste and harmless life. She brings the death-dealing beast under control. The wise ancients declared that those who had come into possession of the inner powers of Virgo could handle venemous serpents without injury. A realization of Virgo's ideals brings a compassion that forbids needless injury to God's creatures. How few realize that there is a direct connection between human illness and death and humanity's cruelty and forgetfulness of the animal. All life should be recognized as various manifestations of the One Life, and, therefore, sacred. Through many forms in all kingdoms of nature it is struggling upward to develop its potential powers and consciously reunite itself with its Source. When man awakens to this truth, there will be no more homicides, no capital punishment, no war, no cruel, unnecessary experimentation by vivisectionists, no wanton destruction of life in any form. "They shall not hurt or destroy in all my holy mountain (or kingdom)" saith the Lord. By killing, a man also understands bearing hatred, desiring revenge even to the death. Men who act as devils and destroy souls are breaking this commandment. Those who bear hatred against the Lord, and against what is His, are likewise breaking it.

The sixth commandment relates, astrologically, to the forces of the three signs: Virgo, Libra, and Scorpio. Scorpio was once counted as the sixth sign. Before the Fall, Scorpio embraced all that is now governed by Virgo. The two signs were one. As a consequence of the Fall man came into a state of dual consciousness which is usually spoken of as the higher and lower mind. This division in consciousness is symbolized by the separation of Virgo-Scorpio, originally one sign, into two signs, with another sign, Libra, placed between them. Libra marks the turning point and is therefore representative of the Adamic race before the Fall, the man who was created in the image of God, and which the Lord pronounced good. Libra also represents the place of the mystic wedding in which Virgo and Scorpio are reunited.

A widespread disinclination to give publicity to the seventh commandment is understandable. Yet the Bible shows no reticence in dealing with the sin mentioned in this commandment. God wanted his people warned against it. One student points out that sins against this ordinance are more frequently forbidden in the Scriptures and more fearfully threatened than any other class of sins, and that they are the cause of more crime, deeper shame and greater misery. Christ brands as guilty all unholy desires, and this is the more arresting when we recall that the mind and imagination can work independently of physical proximity. In thought and imagination humanity can be guilty of breaking this law. Sagittarius rules the higher mind. To misuse its forces, which are of the same nature as those used for physical generation, is to commit adultery on mental levels with consequences similar to those resulting from its commission on the physical plane. We can obey the seventh commandment in all its implications when we have fulfilled Paul's injunction: "Be ye transformed by the renewing of your mind." Think true, just, honorable, pure, lovely, constructive thoughts and you need never find yourself clothed with shame and confusion as the result of breaking this commandment. Remember there are many people who stalk forth with a haughty spirit, proudly indifferent to their thoughts, thus tempting destruction. They leave the castle gate of their spirit open and unguarded for any intruder that may wish to enter, either from heaven or hell; and so it happens

that troops of evil thoughts are soon filling the courtyard with their evil conversation and riotous outcries. Keep guard at the gateway of your thoughts, for as a man thinketh, so is he. So we see this commandment means more than committing adultery and fornication, speaking lascivious words, and dressing immodestly. We are to seek those things which are above, nail our affections to the cross, hallow each thought.

The daily record of misappropriations, burglaries, and forgeries proves that stress is needed today on the commandment which forbids stealing. Such crimes cost our nation about ten billions a year, seven of which are used to provide policing, jails, and asylums, while the direct property loss is three billion dollars annually. Froude, the historian, lost his faith shortly before his death, and among his reasons was the lack of sermons on morals in English pulpits. Among hundreds of preaching themes he declared that not one dealt with the eighth commandment, or with fraud or debt. Criminals are practically unanimous in the verdict that stealing does not pay. Most thieves do not average two thousand dollars a year, and by far the majority of those who commit outstanding crimes of theft are caught and suffer imprisonment. When our consciousness transcends the separative, personal self and enters into the universal, impersonal consciousness, there can be no more thieving. The higher knowing which forbids this is born under the rays of Capricorn, the sign in which the Christ within awakens. Then all things are viewed as existing for the benefit of the whole. Having all, there is nothing to steal. Knowing oneself to be a part of the whole, one labors for the redemption of all. He no longer deprives others of their truths of faith and goods of charity by means of falsities and evils. Nor does he attribute to himself what is the Lord's, or claim for himself His righteousness and merit.

If the Psalmist's hasty declaration that all men are liars contains the whole truth about humanity, we should be on the point of despair and calling loudly for the ninth commandment. But he lived among Orientals, who frequently said what they thought would be acceptable without regard to the actual facts concerned. Some folks insist that there are cases when only a lie will meet the requirements of the moment. They are wrong, for in this world, based on truth to the smallest atomic detail as well as to the most inclusive astronomic law, there is no need to resort to lying. Some of the forms of lying mentioned in the Bible are as follows: The jesting liar (Prov. 26:18, 19); the pernicious liar (Prov. 6:17); the covetous liar (Prov. 20:14); the boasting liar (Prov. 25:14); the flattering liar (Psa. 12:2); the cowardly liar (Psa. 58:3); the talkative liar (Prov. 10:19); and the rash liar (II Sam. 13:30).

We are much in the habit of looking at falsehood in its darkest associations and through the color of its worst purposes. That indignation which we profess to feel at absolute deceit is indeed only at malicious deceit. We resent calumny, hypocrisy, and treachery because they harm us, not because they are untrue. Take the detraction and the mischief from the untruth and we are but little offended by it; turn it into praise and we may even be pleased with it. Yet for civilized life and for the cooperation of man's activities with constructive forces, truth is needed, and the liar has no proper place in such a world, and sooner or later discovers that he does not fit in. Aquarius is the sign of brotherhood and friendship. There can be no false witness borne by those who live true to its ideals. Moreover, Uranus, which rules Aquarius, governs the finer forces in nature and the psychic faculties in man by virtue of which it reveals the truth and exposes falsehood, thus rendering a lie of no avail.

Disobedience of the tenth commandment results in the breaking of every

commandment that is written on the second tablet of the Law. There is a sense in which it includes all the preceding six laws. Hence it cuts deep, rounding out and completing the Decalogue. Covetousness is a universal sin, for rare indeed is the man or woman who can perfectly guard the thoughts and desires from fellowship with evil. There is an inordinate desire for worldly things, a hankering after temporal goods, even to the destruction of one's peace of mind. Habakkuk uttered the serious warning, "Woe to him that coveteth an evil covetousness." Solomon said of the slothful man, "He coveteth greedily all the day long." Tolstoy told of a man who received permission to possess as much land as he could walk around between sunrise and sunset. He started at the moment of sunrise and walked leisurely along. Soon he reflected that the faster he walked the more land he would receive. He quickened his pace, then broke into a run. The fever burned in his veins. The word with him was, "More! More! More!" With tremendous energy he forced his body to the last possible exertion, and just as the sun was setting, reached the goal—and dropped dead. His friends made a hole in a small parcel of the ground he had encircled just long enough and wide enough to hold his body, and buried him. The Master warns his followers, "Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of things which he possesseth." With the covetous the claims of stewardship and trusteeship of material goods are forgotten. God as the original owner is spurned; the call of a needy world falls on deaf ears.

This last commandment comes under the last sign, Pisces. So, too, does the human race. Jupiter, one of the rulers of Pisces, inspires generosity; Neptune, exalted in Pisces, impresses the race consciousness with the spiritual unity of all Egos in the body of God. If we belong to Christ we must feel for this world as Christ felt for it; we must hunger for its redemption with the same intensity with which He hungered for it. We must create a type of consciousness in which covetousness cannot dwell, where "Love seeketh not her own."

John Ruskin wrote, "You have heard it said, and I believe there is more than fancy in the saying, that flowers only flourish rightly in the garden of someone who loves them. I know you would like that to be true; you would think it a pleasant magic if you could flush your flowers into a brighter bloom by a kind look upon them; nay, more, if your look had the power, not only to cheer, but to guard them. And do you think it not a greater thing than all this you can do for fairer flowers than these, flowers that would bless you for having blessed them, and will love you for having loved them, flowers that have eyes like yours, and lives like yours? Far among the moorlands, far in the darkness of terrible streets, these feeble florets are living with all their fresh leaves torn, and their stems broken; will you never go down to them, nor set them in order, nor protect them?"

Let God then write His laws in our hearts. Let us remember that His commandments are not grievous, but are meant to help and to befriend us, to help us grow and unfold all our powers.

The significance of committing the Ten Commandments on two tablets is the same as the placement of the two pillars of brass cast by Hiram for the porch of Solomon's Temple, and through which the candidate for Initiation passed bearing the mystic rose, symbolic of unfolded spiritual powers. These columns are representative of the masculine and feminine principles, which must be brought into equilibrium before the higher powers of illumination are attainable. May the roses bloom upon your cross. Know thyself. Know your neighbor. Know aright your God. And may peace be within your walls, and prosperity dwell in your palaces.

Out of the Light

By Ethel F. McMillan

AS the train clicked along the rails, Mary Jordan leaned her head against the red plush back of the seat.

"Tired, darling?" asked Bob.

Mary looked at her husband beside her and smiled, laying her slender hand in his firm one.

"A little," she answered. "The motion of this train seems to upset our little Betty."

Bob smiled down at her. "I hope little Betty will be as lovely and sweet as her mother," he whispered, his blond head bent close to her.

"Thank you, sir." They both laughed.

Then the train stopped suddenly. Everyone was thrown to the floor. A man yelled. A woman screamed. The horrible shudder of the congested cars threw everything into chaos. Bob grabbed for Mary, but she was thrown out of his reach. Before he could get to her, the coach toppled slowly onto its side and with a final shudder followed by a thud, lay still.

"Mary! Mary!" shouted Bob, tearing at the seats and luggage. Mary was hidden from him by scrambling, screaming people.

Finally he fought himself free and battered his way to the spot where he had seen her last. There she was, he could see one of her feet sticking out from under a dislodged seat.

He lifted the seat and threw it clear of the limp figure. Stooping, he gathered the awkward little form in his arms.

Sobbing and muttering, he staggered to the nearest window. The shouting and racket going on about him seemed not to penetrate his mind which was numb with anxiety for the helpless form in his arms.

Holding Mary with one arm and resting her weight on his knee, Bob seized a small bag and smashed out the jagged glass left around the window casing. Cautiously testing his weight on the arm of an overturned seat, he slowly drew himself up to a standing position.

"Hey, you, a little help here," he shouted to a man running by. The man stopped and came to the car window.

"Help me get my wife out of here, quick!" Bob's hands shook as he lifted Mary up through the window to the man.

"Be very careful, she's not well." Bob wondered what had happened to his voice—it had never sounded like that before. He tried to lift himself through the opening, but his ankle seemed to be pierced through with a knife. Just a piece of broken glass, he thought. On the second attempt he reached the top and swinging his legs free, jumped to the ground, but again the ankle protested and buckled up under him.

"You're hurt, too," said the man. "I'll lay your wife down here and try to find some blankets for her."

Bob crawled over to where Mary lay white and motionless.

"Mary, Mary, for God's sake speak to me." The anguished prayer within him reached only to his throat which burned and throbbed. He talked to her, trying to penetrate the blackness which seemed to have taken her from him.

And it was a blackness, for Mary herself could not get her bearings. It frightened her, but Bob could not seem to hear her calling him. And with the fright there was pain, pain that she could not understand, but there in the distance just coming into view was a light. She hurried toward it as fast as the pain would allow her to travel.

Although the light grew brighter with every step, it seemed that she could get no nearer to it. Then somewhere in the blackness behind her, she heard

Bob's voice calling to her to come back. But the light ahead was beautiful, and drew her irresistibly.

In the light, Mary could now see exquisite temples and beautiful houses. At the right was a great marble staircase leading up toward the light.

"Where am I?" thought Mary, becoming frightened at the great splendor before her. If only she could see some one she knew!

"Mary! Mary! Oh, my dear, come back to me."

She turned. Bob was somewhere back there in the blackness. She tried to call to him to come, too, but no sound came from her.

Then a beautiful child appeared before her in the light.

"Mother, you are so lovely; I patterned myself after you," she said.

Mary stared. The girl had her same clear blue eyes and long dark hair.

"Betty, how did you get here, where did you come from?" Mary asked.

Betty smiled and took Mary's hand.

"This is my home, but I never thought we could be together here," the child replied.

Again the voice in the blackness reached Mary's ears. "Mary! Mary! I can't live without you, don't leave me."

Betty smiled. "He really loves you, Mother," she said. "You are fortunate, for it is not always so."

"How do you know?" gasped Mary, hungrily drinking in the beauty of this daughter who stood before her.

Again Betty smiled. "We know many things here."

Mary looked around. She had forgotten her surroundings since Betty appeared.

"What place is this?" she inquired.

"This is the First Heaven," the child replied. "It is a beautiful world where all one has been denied on earth finds realization. Here we work because we love the things we have to do. I shall study here now to learn all that I would have learned had I gone to Earth."

"You are not coming to Earth with me?" Mary was surprised as she spoke, for she herself sounded as if Earth were somewhere off in space.

"No. I must stay here and study for a while now, then perhaps later I shall go back to earth again."

Mary nodded. She seemed to realize that Betty knew what she must do and that to protest would be wrong.

"Come and see where we shall live," said Betty, and Mary closed her eyes to better hear the soft, vibrant voice.

Children were dancing and singing in the streets; friends were visiting and laughing together. A group of people passed by hurrying, but smiling.

"Where are they going?" asked Mary curiously.

"Over to those two big buildings, perhaps. One of them is a concert hall, and the other is a theatre where music and drama lovers can hear and see the things they enjoy," the child answered.

"I suppose all the great singers and actors from the Earth continue to give wonderful performances here," said Mary.

"Sometimes, but mostly the performers are those who wanted to be great singers and actors when they were on Earth, but for some reason, they did not get to realize their ambition."

"How wonderful," said Mary, "to learn that ambition is never lost."

"Farther over there are libraries and laboratories for those interested in those things," the child explained.

"It's all so wonderful," whispered Mary.

The two passed many smiling faces as they walked along a side street to a little white cottage with green porch boxes under the windows and a garden all around. The flowers in the boxes seemed to smile and nod as they approached.

"Isn't it lovely, Mother? We can be so happy here."

"We?" questioned Mary.

(*Continued on page* 277)

WESTERN WISDOM BIBLE STUDY

"Judge Righteous Judgment"



Jesus answered them, and said, My doctrine is not mine, but his that sent me.

Judge not according to the appearance, but judge righteous judgment.

—John 7: 16, 24.

Every individual is better than he appears to his fellow men. The personality that we behold reveals, not what the man is struggling to be in this life, but what he made of his opportunities in his previous existence.

The plant we see growing today was prepared through the life of the plant that preceded it. What was stored in the *seed* from which it developed determined its grade and structure.

So with the human personality, which consists of a physical body, a vital body through which vitality is supplied, a desire body for expressing desires and emotions, and a mind. These too depend on the seeds, or seed atoms, brought over from the past, for their constitution. Everything the man thinks, desires, and feels, or indulges in physically, is impressed upon the seed atoms of the respective vehicles, which are preserved to act as nuclei around which the bodies for the next life are built.

The man himself progresses during his sojourn in the heaven worlds between lives. He learns much from his past experiences as he reviews them in retrospection, and grows variously due to the many opportunities for development the heaven life presents. Therefore he is a better man when he is reborn than he was when he "died," but the instruments he must use in his new earth life are no better than he, in his former existence, provided. The world errs in judgment because it judges these instruments, or vehicles, instead of the man inside them.

If we would judge righteous judgment we must remember that the sharp retort, the selfish impulse, the flash of meanness, are not deliberate acts the man is proudly displaying. They are usually spontaneous reflexes in the ready-made equipment he brought with him; an outfit of which he is often so ashamed that he spends his life striving to improve it or make it over. This inner struggle, however, the judging world cannot see. It sees the flash of temper, hears the biting remark, notes the weak will, but it cannot see the chagrin and discouragement that follow such exhibitions, or the determination to try again until they are conquered.

It sees the outer show when the man fails in his effort to check the spontaneous push, but it cannot see within him and so would not know of his frequent victories, when his struggles succeed and he resists the natural reactions of his bodies. The man, however, knows of his progress by the resultant soul power he feels growing within him which he soon treasures more than all the approbation of the world.

The seed atom in each vehicle faithfully registers every sincere effort and conquest, to be used as the nucleus of a new and finer instrument for the spirit's use when the man returns again to earth. And so the sincere student need not be disturbed by the fickle world's appraisal as long as he persists in his struggle and progresses within. The only failure is when he ceases to TRY, and with every degree of conquest over these bodies increased blessings are secured in the present as well as unspeakable riches in the lives to come.

A ROSICRUCIAN CATECHISM

Birth of the Vital Body, Desire Body, and Mind

Q. What external protection is given the helpless bodies of the newly born?

A. The macrocosmic vital body guides the growth of the child's body and guards it from the dangers which later threaten it when the unwise individual vital body takes unchecked charge.

Q. When does this individual vital body take charge?

A. In the seventh year, when the period of excessive, dangerous growth begins, and continues through the next seven years.

Q. What occurs in the individual desire body during this time?

A. It is being nurtured in the womb of the macrocosmic desire body.

Q. Would not the birth of the vital body cause the physical body to grow indefinitely?

A. Were the vital body to have continual and unrestrained sway in the human kingdom, as it has in the plant, man would grow to an enormous size. There was a time in the far distant past when man was constituted like a plant, having only a dense body and a vital body. The traditions of mythology and folklore concerning giants in olden times are absolutely true, because then men grew as tall as trees, and for the same reason.

Q. What causes this growth to stop?

A. The macrocosmic desire body steps in at a certain point and checks further growth.

Q. What becomes of the energy used hitherto for growth?

A. That force is now available for other purposes, and is used to build the flower and the seed.

Q. How does this apply to the bodies of man?

A. In the same manner, the human vital body, when the dense body comes under its sway, after the seventh year, makes the latter grow very rapidly, but about the fourteenth year the individual desire body is born from the womb of the macrocosmic desire body and is then free to work on its dense body.

Q. How does this affect the dense body?

A. The excessive growth of the dense body is then checked and the force used for that purpose now becomes available for propagation, that the human plant may flower and bring forth.

Q. What period in the life of an individual does this represent?

A. The birth of the personal desire body marks the period of puberty.

Q. How does this express itself?

A. From this period the attraction towards the opposite sex is felt, being especially active and unrestrained in the third septenary period of life—from the fourteenth to the twenty-first year, because the restraining mind is then still unborn.

Q. How does the mind come into activity?

A. After the fourteenth year, the mind is in turn brooded over and nurtured by the macrocosmic mind, unfolding its latent possibilities and making it capable of original thought.

Q. What effect does this have on the Ego?

A. The forces of the individual's different vehicles have now been ripened to such a degree that he can use them all in his evolution, therefore at the twenty-first year the Ego comes into possession of its complete vehicle.

(Reference: *Cosmo*, pages 141-143)

The Astral Ray

Astrology is a phase of Mystic Religion, as sublime as the stars with which it deals, and not to be confused with fortunetelling. The educational value of astrology lies in its capacity to reveal the hidden causes at work in our lives. It counsels the adults in regard to vocation, the parents in the guidance of children, the teachers in management of pupils, the judges in executing sentence, the physicians in diagnosing disease, and in similar manner lends aid to each and all in whatever station or enterprise they may find themselves.

The laws of Rebirth and Consequence work in harmony with the stars, so that a child is born *at the time when the positions of the bodies in the solar system will give the conditions necessary* for its experience and advancement in the school of life, and in perfect accord with divine justice.

Luna--Goddess of the Night

By A. F. H.

FROM time immemorial the Moon, Luna, goddess of the night, has been worshiped as the celestial virgin of the world, as has Isis of the Egyptians, Diana of the Greeks, the negative principles in Nature which play upon the physical plane. Dual in character, Moon forces are also magnetic. She holds the secrets of tide control, the mysteries of gestation, and the ebb and flow of the magnetic life currents. Having no power of her own, she borrows from the magnetic influences of the signs through which she travels in her circle around the zodiac, and as she contacts the planets she again borrows from their influence. So in spite of her negative qualities, the Moon has the greatest influence on man of all the planets next to the life-giving Sun. Her influence on physical as well as astral matter is supreme.

The Moon's close proximity to the earth and her affinity with all earth matter makes her an active agent, an influence either for good or evil. In fact we may call the Moon the astrological messenger of the skies. Max Heindel tells us in one of his lessons to Probationers, the lesson on the rite of the full moon, "When the Moon is 'new,' it is obscure and dark. Gradually it increases in light and splendor which culminates when it reaches the 'full.' It is the symbol of the aspiring soul which has no light at the beginning of its career, but gradually gathers light in each cycle. The sustenance for the soul body, glorious and golden hued as the lunar sphere, may be most easily amalgamated at the time of the Full Moon."

The Moon represents the soul of the grand man, and its influence on the earth and its inhabitants is two fold. It it conceded by the Rosicrucian Teaching that the Moon is the reflector of the Sun's rays; that the heat of the Sun if it were to send its rays direct to the earth would burn everything it contacted and life could not exist here. Hence we may see what great importance the Moon is to the inhabitants of the earth as well as to the earth itself.

"Thus as the Moon measures the tides of the earth so also does she measure the soul's passage from the shores of eternity through the waters of the womb to the world of time. According to astrology Cancer is the home of the Moon. The ancient Egyptians pictured this sign as a scarab or beetle which was their emblem of the soul and they called Cancer *the sphere of the soul,* for it is said that through this watery sign, fertilized by the lunar ray, the seed

atoms are projected into the womb of the prospective parent who is thus prepared for the period of gestation."

—*The Message of the Stars,* 217-218.

The rays of the Sun have, as a rule, little power to penetrate water; but moonlight can penetrate it and stimulate the growth of the life under the water even at the greatest depth. Certain animals deep down under the sea have their lives entirely regulated by the phases of the Moon. Their breeding times and other periodic habits are regulated entirely by it, and tiny marine worms as well as the large porpoise respond to the Moon's phases. Vegetation which grows under the water is also strongly influenced by the Moon. For instance that beautiful, varicolored sea urchin, a small creature which grows at the bottom of the sea, half animal and half plant, fills up and grows plumper at the full of the Moon, and again becomes thinner at the dark of it.

Certain kinds of insects above ground are also greatly influenced by the Moon. They do not work or come to the surface of the ground at the full of the Moon. Insects which live and bore into the earth are much more secretive, and only work during the new or the dark of the Moon; and insects that live on plants and on the leaves of the plants work under the leaves during the full of the Moon but appear above the leaves during the dark of the Moon. Insects hide themselves during the full or the light of the Moon. Rarely can insects be trapped except in the dark of the Moon. Their sense of sight and distance is greatly enhanced when the Moon is dark and for this reason they do not travel much when it is light.

When we come to the larger animals, however, we find a difference. They seem to favor the moonlight. The wolf prowls and seeks its prey, the wild coyote is most keenly alive and noisy during the full of the Moon. The lion roars, the dog barks, and the elephant is also most noisy during the light of the Moon. Certain types of dogs, especially the hound, will stand and gaze at the Moon and howl so loudly that at times they have created disturbances in the immediate neighborhood.

Hunters have observed that game is more easily trapped or hunted in the light of the Moon. Rabbits in particular are most active and are out to seek for their food during that time and are rarely seen on a very dark night.

For centuries material scientists have derided and sneered at the astrologer who dared to approach them with facts pertaining to the influence of the Moon upon plant, animal, and on man—yes, even on the weather. The weatherman calculates and makes his predictions on atmospheric pressure; the storms and the rain he calculates from the place and the aspect of the Moon.

When the points of the new Moon are turned upward, the ancients felt very safe in predicting dry weather; but should the Moon appear with her points turned downward, then they were certain that she would pour her water upon the earth. Should the Moon go down at night in a red glow, they would expect wind, but a rainless tomorrow. If the Moon were surrounded by a halo, fog or stormy weather could be expected, and the size of the halo would indicate the time of the expected change. However, the most prominent of all phases and influences of the Moon is its pull on the tides of the sea, which influence is the common knowledge of all.

Newton claims that everybody in the world attracts or repels somebody else; that humans have a very vital influence on each other; and one often hears this spoken of by people, especially sensitives, who claim that certain persons draw their strength; that after contacting these people they feel tired, or they feel irritated, and in some way they have been influenced by these individuals. Has it ever dawned on you that if human beings can influence each other, the Sun and Moon also may have

an influence on the things of the earth? Especially is man greatly under the influence of these lights. Scientists claim that the Moon, especially during the full, has a drawing influence; that it causes things to decrease in weight during the time it shines on the earth or on the things on the earth.

Cancer, the fourth sign of the zodiac, a watery, cardinal sign, as previously stated, is the home sign of the Moon, and Cancer has rule over the stomach, esophagus, diaphragm, the mammae, lacteals, upper lobes of liver, thoracic duct, pancreas, serum of blood, peristalsis of the stomach. The Moon rules these parts of the body in sympathy as the ruler of the sign Cancer. The Moon also has rule over the white fluids of the body: the lymph, chyle, and saliva.

"The Moon may be regarded as the giver and the taker of life; that is, the Moon acts as a medium in carrying the life forces from the Sun to the earth and man, and the moon forces also eventually produce death.

"When the Moon is full, the tides are higher, the bones are fuller of marrow, the oysters are fuller than at any other time. The temperature is then also higher in fever.

"During the first half of life, particularly in childhood, the Moon has greatest power, and during the latter half of life the sun has the greatest influence.

"The Moon has a great influence over insane people, that is, lunatics; also over hysterical, epileptic, and nervous patients. These patients feel the changes of the Moon very greatly; and are especially restless during the full of the Moon. They should never sleep with the Moon shining on them.

"At the new of the Moon the material forces are weakest. The period of the waning Moon, namely, between the full and the new, is the most favorable time for spiritual work; at that time the influence of the Sun is the greatest.

"Do not perform an operation when the Moon is in the sign which rules that part of the body to be operated upon. Ptolemy says, 'Pierce not with iron that part of the body which may be governed by the sign actually occupied by the Moon.'

"Operations performed at the exact change of the Moon are rarely successful. Choose the time for an operation when the Moon is waxing or, as it is commonly termed, the light of the moon. Do not operate when the Sun is in the sign which rules the part of the body to be cut.

"The Moon revolves around the zodiac in about twenty eight days. Disease reaches a turning point every seven days. Starting from the place of the Moon at the beginning of the illness, a change may be expected in seven days (the square), on the fourteenth day (the opposition), and on the twenty-first day (another square).

"The Moon rules acute disease, the sun chronic.

"It is well to watch the squares and the oppositions of the Moon to the transiting Sun, Mars, and Saturn when operating.

"The Moon has the greatest rule over the health of a woman, while the Sun influences most of the health of the man." (Astro-Diagnosis—A Guide to Healing, pages 54-55.)

Scientists have found that certain germs are killed by exposure to the sunlight, but when they are exposed to the rays of the Moon they become malodorous and more virulent.

The Moon is negative and more dangerous at night. More deaths occur at night than during the day; fevers rise with the Moon and decline with the rise of the Sun.

Dr. Rhodes Buchanan says, "My attention was drawn to the fact that calculus and kidney disease were worse at the new and the full of the Moon and the nervous system was also in a worse condition."

In India, Medical Astrology has been practiced for ages, and it has been found

that fevers, dysentery, and convulsions occur more often during the changes of the Moon. Indian doctors claim that the influence of the Moon as well as the Sun is much more powerful in India, because the climate develops greater sensitiveness.

Bedouins claim that there are no sand storms during the light of the Moon, especially when the Moon is not obscured by clouds.

The Moon has a powerful influence on vegetation. The proper time for planting, if observed, will bring the most abundant crops. The best time to plant vegetables which grow above the ground is between the new and the full Moon; vegetables which grow under the ground, such as beets, carrots, potatoes, and all tubers are best planted between the full of the Moon and the new Moon.

Recent experiments have brought to the attention of the scientists the fact that the rays of light projected by the Moon can change the properties of drugs which are taken from certain plants, especially wild plants. Some of these drugs become more poisonous while others develop a stronger healing potency.

Max Heindel tells us in a lesson on systemic receptibility: "The Moon is the heavenly orb that brings all things to pass. Whatever is foreshown by all other planets never comes to fruition until the Moon brings it to a climax.

"There is within the human body an ebb and flow, a tide, just the same as in the world outside. There are critical periods in certain diseases in particular that may be measured accurately by the Moon and therefore it is important to understand what influence the Moon has. We may say there are two forces: one culminating at the new Moon, and the other at the full Moon. From new to full everything that is started increases in intensity and comes to culmination at the full. That is the flowing out of the life that comes from the Sun, and is reflected by the Moon.

"The Solar force that is carried by way of the Moon during the time of increase of light, comes in to aid in upbuilding and helping the body. From the full to the new, it becomes darker and darker and everything that has come to a focus then begins to fade and gradually dies.

"Seeing that the Moon has such an influence according to increasing or decreasing, we find that in applying treatment, notice has to be taken of these various phases of the Moon. All treatment may be divided the same as drugs are divided into two general classes. One class has for its object to stimulate, and that class is called stimulants. The other has for its object to make a certain function more sedate, or quiet, and that class is called sedatives. One of these classes is distinctly better and more easily applied during the increase of the Moon, and the other more effectual during its decrease.

"Sedatives inhibit a new force: from the new to the full of the Moon stimulants produce the best effects, and sedatives are weakest. Decrease the dose of one and increase the other. *Exception*: when the Moon increasing approaches the conjunction of Saturn, give larger doses of stimulants and smaller doses of sedatives.

"When the Moon is decreasing, decrease dose of sedatives and increase dose of stimulants. Give maximum stimulant and minimum sedative when Moon approaches opposition of Saturn. Give medium doses of both when Moon approaches Mars and Mercury. Moon and Mercury take on and are colored by planets they aspect. Moon square Saturn in Cancer, denotes indigestion and planets most opposite to Saturn in effect are Jupiter and Sun."

Chance is a word void of sense; nothing can exist without a cause.—*Voltaire.*

The Children of Gemini

GEMINI represents the third phase of the cycle begun by the sun when it entered Aries. Having first gone through the state of expression of the pioneer, followed by another in which certain characteristics of the settler were apparent, the sun in Gemini may be likened to the time when the lonely settler is joined by others of his kind and becomes a neighbor. A new need comes into existence, that of communicating with others. The good neighbor is a bright, talkative fellow, filled with news, comments on everyday things and helpful facts which he is always ready to share. Helpful hands and the exchange of thoughts form the basis for neighborly relationships.

Those born with the sun in Gemini have incarnated largely in order further to develop the mental faculties. Usually they place much faith in knowledge, and have a thirst for all information that can be obtained on almost any subject. Curiosity and interest in every direction tend to make the children of this sign the most tolerant and broad-minded of any. However, there is always the possibility of going to extremes and becoming inane and shallow, too flighty and superficial for any real accomplishment. Concentration is essential if they are to make the most of their mental qualities and of the information which they absorb so readily.

Education comes under the influence of Gemini; so, too, do books and all forms of printed matter; also all means of communication, of travel and of establishing contact with others.

Words have much value and interest to children of this sign, and they generally become experts in using them as material for self-expression. Weaving mental patterns to catch elusive impressions, crystallizing facts and information into concrete forms which may be conveyed to others orally or in print, and all activities that reveal or give meaning to the factors influencing human existence seem to hold a deep fascination for Gemini. They are usually able to express themselves clearly and with considerable ease, either in conversation or writing, and are often attracted to occupations where the gathering or release of knowledge affecting human nature is stressed. Were it not for the planetary forces expressed through Gemini there would be fewer authors, poets, reporters, commentators, announcers, speakers or others of related occupations to shape the thinking and opinion of the world.

The children of Gemini usually have an abundance of mental and nervous energy, and are restless, quick, and often high-strung. On occasions when control of temper is momentarily lost, they can be extremely sharp-tongued, but poise and good nature are quickly restored, for they are innately kind, with a brotherly feeling towards all. Reactions to circumstances or people are likely to be mental and impersonal rather than emotional. They often impress one as being very wide-awake and vividly aware of their surroundings. A consciousness largely focused on the surface may account for the flexibility which enables them to readily adapt themselves to almost anything. This capacity for adjustment is perhaps one of their best qualities if, of course, it is held within the bounds of reason. But the Gemini person need not be a weather vane. Avoiding the needless expenditure of energy in superficial activities, meaningless change, and too widely scattered interests is important. And for the sake of health a normal amount of physical exercise is desirable to offset the effects of concentrated mental work.

Astrological Readings for Subscribers' Children

We delineate each month in this department the horoscope of *ONE* of our subscribers' children, age up to twenty-one years. This includes a general reading and also vocational guidance advice. The names are drawn by lot. Each FULL year's subscription, either a new one or a renewal, entitles the subscriber to an *application* for a reading. The application should be made when the subscription is sent in. The applications not drawn by lot lose their opportunity for a reading. *Readings are* NOT *given with* EACH *subscription, but only to the* ONE CHILD *whose name is drawn each month.*

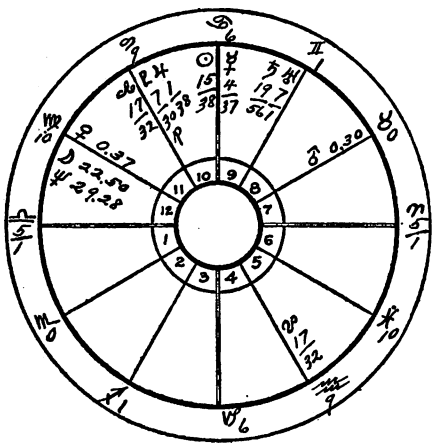
In applying be sure to give full name, sex, birthplace; and year, month, and day of month; also hour and minute of birth as nearly as possible. If the time of birth is *Daylight Saving Time*, be sure to state this, otherwise the delineation will be in error.

We neither set up nor read horoscopes for money, and we give astrological readings only in this magazine.

JAMES H.

Born July 8, 1943, 11:40 A.M.

Latitude 44 N. Longitude 79 W.



In the chart for this month we have the artistic sign Libra rising, which gives a graceful body, strong affections, and much adaptability to circumstances.

Cardinal signs on all angles give zest to life. The forces working through these signs impinge upon the dense body, stirring it into action and promoting change. Those influenced by the stellar forces of the cardinal signs are the pioneers of the world, the executives who accomplish things industrially, and who bring into concrete existence schemes, great or small, of value in the world's work. The ideal to strive for is that of poise and balance.

With the Sun, Jupiter, and Pluto in the 10th house and all his planets above the horizon, this boy should come prominently before the public in some position of trust and responsibility. The Sun in Cancer tends to give a retiring nature, craving and needing friendship and sympathy. At times there may be an autocratic manner towards friends in ordering them about, but discretion and conscientiousness are qualities deeply rooted in the nature, so there will not be much of this to contend with. Cancer, ruled by the Moon, may bring many changes in residence, vocations, and all matters in life. Though changeable, there is nothing fickle or flippant in the nature for there is a tenacity when undertaking a task or obligation that persists until it is finished satisfactorily. There is, however, a tendency to be indolent, avoid quarrels, be agreeable and harmonious in the home as long as not asked to work too hard. The later years will bear more fruit than the early ones.

The Sun makes but one aspect, the sextile to the Moon. The five planets, Venus, Moon, Neptune, Saturn, and Uranus in common signs give too much flexibility, not enough incentive to exert the will power. The Moon makes three aspects, conjunct Neptune, square Saturn, and sextile Sun, therefore the personality will overshadow the individuality and this is increased by Mercury in Cancer, giving a desire for praise and flattery, and to appear at the best in the eyes of the world.

Venus in the 11th house sextile Mercury gives a cheerful, companionable, good-natured disposition,with a strong desire for society. There is an ability

to attract many friends, but the square of Venus to Uranus warns that discrimination must be used to choose wisely the friends who will really help him, for some will pose as friends, use him to their own advantage, then discard him when he has served their purpose. This square also has a tendency to unconventional relations with the opposite sex, so the sacredness of the creative force must be taught very early in life.

Venus in Virgo gives a deep and tender sympathy for the sick and a liking for chemistry, dietetics, and the preparation of health foods, with a desire to cure and heal. The trine to Mars denotes an ambitious, aspiring, adventurous nature, very amorous and demonstrative in affection; abundance of vitality and business acumen and good earning capacity; however, there is a tendency to squander and waste money on outward show and display. A good spender is always popular.

Saturn in Gemini, square the Moon in Virgo, warns that care must be exercised to prevent colds and thus avoid lung and bowel affections. Libra on the Ascendant and square Mercury and Midheaven, and the progressed Moon coming to a conjunct with the Ascendant, the kidneys and stomach must be guarded carefully and kept functioning properly at all times.

The vocations which would attract this boy are first that of lawyer, minister, or radio broadcaster—Uranus, Saturn, and Mercury in the 9th house, and all three planets well aspected. If law is taken up he could specialize in merchants' or professional people's affairs. There are four planets, Mars, Venus, Moon, and Neptune in earthy signs, which show success can be gained as nurseryman, stock raiser, or farmer; and as Venus, Moon, and Neptune are in Virgo, Moon and Neptune in the 12th house, there is ability for doctoring, not surgery, and the profession of

(*Continued on page* 278)

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Oceanside, California, U.S.A.

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★ ★ ★ ★ ★ ★

Chemist. Hydrotherapist

BARBARA J. P.—Born February 22, 1928, 7:55 A.M. Lat. 44 N. Long. 123 W. Every indication of aptitude for chemistry is shown by the Sun in the 12th house in Pisces and Pisces on the Ascendant, Mercury and Moon also in the 12th house in Pisces. With four planets in the watery signs, success as a hydrotherapist is indicated. Neptune in Leo shows ability to teach. Sagittarius on the Midheaven and 9th cusp, Saturn in the 9th house, Jupiter in Aries in the 1st house show ability as a lawyer, also capability in holding a position of trust and responsibility (Saturn in Sagittarius, Jupiter conjunct Uranus in 1st house, Mars in Capricorn).

Engineer. Writer

RICHARD B.—Born August 3, 1926, 5:30 A.M. Lat. 42 N. Long. 73 W. Saturn in Scorpio in the 4th house and well aspected, indicates ability as a civil engineer. Venus, Pluto, Saturn, Uranus, and Dragon's Head in watery signs would suggest engineering in irrigation, flood control, or soil erosion projects. Sun, Mercury in the 12th house would also indicate chemical engineering as they favor the study of chemistry. Sun, Mercury, and Neptune in Leo show ability to teach. Mercury having the greatest number of aspects and being sextile Moon in Gemini and conjunct the Sun in Leo, favors writing, possibly detective stories.

Architect. Administrator

MARL V. K.—Born May 5, 1905, 5:15 P.M. Lat. 36 N. Long. 98 W. There is a wide choice of vocations here, any one of which could bring satisfaction and success: Uranus in the 3rd house, Saturn in the 4th conjunct the Dragon's Tail, Uranus trine Venus, point to that of an architect. Pluto and the Moon in the 8th house, Saturn and Dragon's Tail in the 4th, Venus, Jupiter, and Sun in Taurus, show ability to handle the estates of others successfully. With two planets in airy signs and Moon in Gemini, newspaper work or any other line of writing is suggested. Mechanical ability is shown by Scorpio on the Ascendant and Mars posited in Scorpio, Saturn sextile Uranus; these aspects also indicate success as a policeman, soldier, or surgeon. Musical talent is shown by Venus conjunct Mercury and sextile Neptune.

Musician. Artist

MARY L. W.—Born July 28, 1932, 3:50 P.M. Lat. 43 N. Long. 74 W. With Libra on the Midheaven and Taurus on the cusp of the 5th and 6th houses, both ruled by Venus, which is in the 7th house, sextile Mercury and Neptune, and Mercury sextile Mars, ability in music in all its phases is indicated, with dexterity in the playing of instruments. These same aspects also show ability as an artist, designer, or decorator. Another occupation which should appeal is that of writer, not of fiction or lighter subjects, but of the more serious, such as music, law, philosophy, religion, or science; this is shown by Mercury and Neptune in Virgo in the 9th house, and Dragon's Head in the 3rd.

Lawyer. Appraiser

JOE R. H.—Born August 7, 1925, 2:30 P.M. Lat. 46 N. Long. 123 W. Five planets, Sun, Mars, Neptune, Venus, and

Mercury in the 9th house, and Sun, Neptune, Mars, and Dragon's Head in Leo, indicate possible success as a lawyer, statesman, minister, or scientist; also ability to write and publish articles along these lines. Capricorn on the 2nd cusp and Jupiter in the 2nd house sextile Saturn, Uranus, and Moon in the 4th house, show ability for real estate operations. Mercury and Venus in Virgo, sextile Saturn, offer another occupation, that of curator or librarian. Fire sign on Ascendant, four planets in fire signs, also Dragon's Head, would suggest an occupation where fire, metal, tools or instruments are used; also possible military success.

Lawyer. Administrator

GORDON W. F.—Born July 1, 1929, 1 P.M. Lat. 40 N. Long. 105 W. Libra on the Ascendant, Sun and Pluto in the 9th house, Saturn in Sagittarius and Moon in the 7th house, indicate success as a lawyer. Three planets, Jupiter, Mercury, Venus, and Dragon's Head in the 8th house, Saturn in Sagittarius in 3rd house trine Mars in Leo, and Moon in Taurus, show ability to hold a position of trust and responsibility in handling other people's money or estates. Literary ability is also shown by Mercury sextile Uranus, Jupiter in Gemini, Saturn in the 3rd house in Sagittarius, Sun and Pluto in the 9th house, but for the more serious subjects, such as law, religion, science, philosophy, etc.

Instructor. Executive

FRANCIS M. G.—Born November 27, 1923, 7 A.M. Lat. 36 N. Long. 99 W. Sagittarius on the Ascendant and Sun, Venus, Mercury, and Jupiter posited therein, show ability for athletic occupations of all kinds, and Neptune in Leo the faculty for instructing others in them; also the ability for training animals. Sun conjunct Jupiter in the 12th house indicates success in institutional positions. Five planets in fiery signs would suggest occupations where metals and tools are used. Three planets in watery signs show possible success in occupations where ships and liquids (drugs and medicine come under this classification), play an important part. Mechanical ability is shown for such things as marine engineering or mechanics. Venus trine Neptune and sextile Saturn and Mars shows musical and artistic ability.

Bookkeeper. Radio Broadcaster

IRENE R.—Born April 22, 1899, 6 P.M. Lat. 42 N. Long. 84 W. Uranus and Saturn in the 2nd house, Neptune and Pluto in the 8th house, and Taurus on the cusp of the 8th, indicate success as an administrator of estates, including bookkeeping. Radio broadcasting ability is shown by Mars in Leo conjunct the Midheaven, Gemini on the 9th cusp, Venus in Pisces, and Uranus in Sagittarius. With fire signs on the Midheaven and 2nd and 6th cusps, the three planets in fire signs, any occupation where steel, iron, fire tools or instruments are used or manufactured would be suitable. Dressmaking, tailoring, etc., are also indicated in this chart as possibilities.

Surgeon. Dietitian

BETTY A. McC.—Born November 11, 1925, 5 A.M. Lat. 34 N. Long. 118 W. Scorpio rising, Sun in Scorpio, fire signs on the Midheaven, 2nd and 6th cusps, and Mars in the 12th house, show potential ability as a surgeon. The Moon in Virgo, sextile Sun and Saturn, indicate success as a dietitian, and with the Sun, Saturn, Uranus, Pluto, and Dragon's Head in water signs, physiotherapy methods are suggested. Neptune in the 10th house in Leo shows ability to teach these subjects. Sun sextile Jupiter, trine Uranus; Saturn and Jupiter sextile each other; Saturn trine Uranus and Neptune in 10th house, show executive ability and a position of trust and responsibility, possibly in government work.

Worth-While News

The Youth Crime Problem

The nation-wide concern over juvenile delinquency has found a happy solution in Washington, D. C. A patrolman in the 13th precinct of the Nation's Capital rediscovered a truth long-forgotten, namely, that by giving youngsters something wholesome to fill their minds and activities, they can be kept from committing crimes. When this principle was put into practice, the number of cases of automobile stealings, breaking street lamps and the promotion of fights took a decided drop.

A Junior Police and a Junior Citizens Corps were organized in the precinct and its results were so satisfactory that the Major and Superintendent of the Metropolitan Police organized a new juvenile bureau in the Police Department. Citizens and police officials alike feel that the creation of this bureau to prevent crime by the youths of Washington is an exhibition of just plain common sense.

Uniform Crime Reports, a publication of the Federal Bureau of Investigation, states that 20,786 youths 17 years old were arrested last year for serious crimes in the country as a whole and that there was an increase of 28 per cent in arrests of boys of that age.

The importance of directing the activities of youth into paths of right conduct and before they get an opportunity to become enmeshed in a life of crime cannot be overestimated. Good can triumph over evil, but not if good remains dormant while evil is incessantly alert and active. This move of the Washington Metropolitan Police Department shows that its officials are determined to have good take the offensive and do it before it is too late.—S. W. in *Scottish Rite News Bulletin.* March 20, 1944.

Under the title, "Preventing youthful crime," the above clipping from the *Scottish Rite News Bulletin* gives a solution which has been found to be very effective not only in Washington, D.C., but also in other places. Current newspapers and magazines at the present time are full of articles on the youth problem created by the war and its auxiliary conditions. Youthful crime has been on the increase for the past three or four years, and has now reached alarming proportions in many parts of the country.

Many reasons are given for this: first, the fact that very many parents, both fathers and mothers, are engaged in war jobs so that it becomes more or less necessary to leave the children to take care of themselves. Many of the fathers and mothers are working on the night shift in war manufacturing plants, which makes it necessary for them to sleep during the day; thus the children have to be disposed of in some way or other so as not to interfere with their parents' sleep. Another cause for youthful crime, as well as crime in general, seems to be the general moral laxity of the age in which we are living, and which is promoted by the war atmosphere that permeates the whole world at the present time. Youthful gangsterism is found to be on the increase in practically all the cities of the United States.

An effective solution for this problem is indicated in the above clipping, namely, giving youngsters something wholesome to fill their minds and absorb their activities so as to keep them from committing crimes. Youth societies of various kinds are admirably adapted for providing the wholesome activities which absorb the time and energy of the young generation, and thus are very effective in reducing criminal activities.

As stated in the *Rosicrucian Cosmo-Conception,* the object of life is experience. This can be obtained by observing others and avoiding their mistakes, or by the harder path of personal experimentation. In the case of the children, they can have the guidance of those who are more experienced, and wiser in the ways of the world, by form-

ing them into societies and clubs such as indicated above. In this way they will learn by the observation of others, as embodied in the instructions given by those who are directing the clubs. This is a very excellent idea and one to be recommended for application to a greater degree in all parts of the United States.

Let Music Help You

Every one is interested in good health, but no one does anything about maintaining good health, until it is lost.

Recently I paid a visit to the Zoo in Central Park. It was a gloriously, sunny, warm afternoon. I went there to see the animals, but ended in studying the most intricate animals of all—human beings.

The animals in their cages seemed quite serene. Not a trace of nervous tension, sef-consciousness, or fatigue was evidenced by their demeanor. It was really difficult to distinguish between the younger or older animals. They all looked so well, healthy and strong—as if each one had had its face "lifted" recently. Of course, animals live according to natural laws. They never over-eat nor stay out late at night.

Then I looked about at my fellow beings, and my! what I discovered: The only beautiful faces in that afternoon crowd were the faces of children. I searched in vain to find a serene, healthy-looking, relaxed face among the adults.

Every older person's face seemed to have cares written all over it. Even the smiles could not hide the worries most people assume. While watching their faces, I asked myself two questions: What do these people do for relaxation? . . .

Because, to relax completely and regain new energy, we must learn to do something that will take our minds off our daily occupation. We must find something to absorb us to the extent that we will be completely freed of worry and tension.

So let me offer a suggestion which a clever woman carried out with her sick husband. He was only 50 years old, yet was ordered by the doctor to give up all business. Though the rest improved him physically he became excessively restless. Finally his wife decided that the only solution would be some hobby which would absorb his attention. However, she knew that it is one thing to select a hobby and another thing to keep up with it. So when her husband said "music" would be his hobby, she made him sign a contract with himself to keep at it for a whole year. . . . Five years after the first contract, he had five paying hobbies to his credit and was in excellent health.—By Annett V. Zuch, in *Nature's Path*, April, 1944.

The occult scientist knows that our solar system was called forth from chaos by sound or harmony, and constructed according to the principles of musical proportion; that the Seven Spirits before the Throne, spoken of in the Bible, and who rule the destiny of mortals, have a harmonious motion and intervals corresponding to the intervals in music, rendering various sounds so perfectly harmonized that they produce the sweetest melody, which is inaudible to the most of mankind only by reason of the greatness of the sound which most ears are incapable of receiving.

In the Bible we note how the seven-stringed harp of David represents astrologically the keynotes of the sevenfold planetary chain. The keynote of each planet is composed of the quintessence of its aggregate sounds. An amalgamation of the sorrows and joys of our earth, the sounds of its winds and seas; the rhythms of all its living forces combined, form its chant or keynote. In like manner and on an ever ascending scale, sound the notes of the entire planetary chain, their unison constituting the sublime music of the spheres. "There's not the smallest orb which thou behold'st, but in its motion, like an angel sings." So wrote the great poet-Initiate, Shakespeare. This celestial music is the rhythm of that word of which St. John writes when he says: "In the beginning was the Word, and the Word was with God . . . and without Him was not anything made that was made."

True music is one of the greatest forces in all nature for healing the various diseases manifesting among mankind. It not only harmonizes the vehicles when discord manifests, but it has the power to lift man up to heights hitherto unknown to him. This does not include jazz, swing, or the other distorted vibra-

(*Continued on page* 282)

Question Department

The Fructifying Christ Spirit and the Solar Rays

Question:

If the fructifying Christ Spirit enters the earth each year and permeates it from center to circumference, why does it not become spring all over the earth at the same time? Are not the spiritual conditions the same all over the world at the same time, or do they harmonize or change with the seasons? Does the northern hemisphere have an advantage over the southern? If so, that seems hardly fair to me. Please give me some light on this subject.

Answer:

The energizing Christ ray begins to draw into the earth about the time of the autumnal equinox, and reaches its center at the winter solstice. From this central point it permeates every atom of the earth from center to circumference.

The reason why the northern latitudes respond more quickly to this life-giving force is because of the *angle* of inclina- of the earth's axis.

In summer in northern latitudes as far north as 23½ degrees, the rays of the sun fall almost vertically upon the northern hemisphere; but the oblique angle at which they strike the southern hemisphere at this time is such that there is little strength carried with them. Spring in the north receives both the Christ-ray force, and the increasing force of the sun's vertical rays at the same time, and life is brought into manifestation under this dual power. In the south the Christ force permeating the earth unaided by the sun's force embodied in the vertical rays cannot arouse into activity the life injected into the earth in that region by the Christ, and this spring manifestation of renewed life in the north is delayed in the south until fall (September), when the sun visits the southland on his yearly journey, and his vertical rays fall there. At this time the Christ life has partially dissipated itself and is therefore not quite so fully available for promoting vegetable growth.

The Christ force is at its greatest potency on Holy Night. This is the time of the greatest *spiritual* awakening in both the northern and southern hemispheres, but physical results are not obtained until the forces embodied in the vertical rays of the physical sun are joined to those of the Christ Spirit.

At the present time the northern hemisphere has a decided advantage over the southern one, as regards its evolution; but at a future period, the rotation of the earth's poles will bring the southern hemisphere into the same relative position as that which now obtains at the northern one, and then it will have a like advantage over the northern. Thus, ultimately, both hemispheres receive the same advantage although it is given alternately.

In conclusion let it be noted: It is always the *angle* of the sun's rays united with the Christ force annually released in the earth that produces certain *effects*. When the life force of the great Christ Spirit enters the earth each year at the winter solstice, it penetrates the entire globe equally. This force is simply *latent* in the south until through the movement of the earth around the sun, the proper angular effect is produced to release this latent fructifying power. Thus, esoterically, is produced the alternation of the seasons in the northern and southern hemispheres.

MEETING THOSE WHOM WE LOVE AFTER DEATH

Question:

When there is a strong attraction between an upright, honorable man and woman which for unsurmountable reasons cannot reach a legitimate consummation in marriage owing to previous ties and one of them passes out of this life with that longing in mind, will these two meet and have an opportunity to marry in a future earth life?

Answer:

This question seems to be on the mind of a great many people, judging from the letters which come to us here. However, it is not a new one, for Max Heindel answered a similar one while he was with us. We quote his answer:

"Yes, in all probability the attraction they feel for each other and which cannot find expression now will in many instances bring them together even before the next life, for though there is no marriage in heaven, those who love each other and are therefore in a sense necessary to one another's happiness, are united in a bond of closest friendship during the stay in the First Heaven if they pass out at or near the same time. But if one remains in the body for a number of years after the other has passed over, the one who is in the Heaven World will with his or her loving thought create an image of the other and endow it with life, for we must remember that the Desire World is so constituted that whatever we think of we are able to give bodily shape. Thus although this image will only be ensouled by his thought and the thoughts of the other person living in the body which often go with such a loved one, it embodies all the conditions that are necessary to fill the cup of happiness of this inhabitant of the Heaven World. Similarly, when the second person passes out, if the first person has gone into the Second Heaven, his or her shell so-called (the disintegrating desire body in which he or she lived), will answer the purpose and feel perfectly real to the second lover until his or her life in this realm is ended. Then when they pass into the Second and Third Heaven, forgetfulness of the past comes over them and they may part for one or more lives without loss, but sometime, somewhere, they will meet and the dynamic force which they generated by their yearning for one another will unvaryingly draw them together so that it may reach its legitimate consummation.

"This applies not only to lovers in the generally accepted sense of the word, but to the love existing between brothers and sisters, parents and children, or friends who are not related by blood, for that will also work itself out in a similar manner. Our life in the First Heaven is always blessed and filled by the presence of those we love. If they are not in the spirit world and thus actually present, their image will be, and it must not be thought either that this image is pure illusion, for it is ensouled by the love and the friendship sent out by them toward the person of whose heaven life they are a part."

IMPROVING ONE'S TEMPERAMENT

Question:

Does each individual keep the same temperament throughout all of his or her lives?

Answer:

No, indeed. Each life is just one day in God's great school, and each day brings us many new experiences from which we learn the lessons that develop our potential powers into dynamic forces. During each life we work on only a small part of our potential powers, but every life tends to make us more rounded, and our temperaments become more improved. In fact, it is the work upon the temperament that comprises the principal part of each lesson, for self-mastery is the goal toward which each individual is striving.

Nutrition and Health

Rosicrucian Ideals

The Rosicrucian Teachings advocate a *simple, pure, and harmless life.* We hold that a plain vegetarian diet is most conducive to health and purity, also that alcoholic drinks, tobacco, and stimulants are injurious to health and spirituality. AS CHRISTIANS we believe it to be our duty to avoid sacrificing the lives of animals and birds for food, also, as far as possible to refrain from using their skins and feathers for clothing. We hold vivisection to be diabolical and inhuman.

We believe in the healing power of prayer and concentration, but we also believe in the use of material means to supplement the higher forces.

***Our motto is*: A SANE MIND, A SOFT HEART, A SOUND BODY**

The Vice of Excessive Cleanliness

BY MAX HEINDEL

IT has been said that cleanliness is next to godliness, and we all seem to agree with that entirely. Some of the old religions even prescribed certain ablutions of the body as a part of the religious services of each individual, for mankind in the earlier, childhood stages of its development was not overly clean any more than are the children of today, who do not enjoy the bath. They prefer going about with dirty hands and face, to the ordeal of using soap and water, until gradually they acquire the bathing habit and later have a liking for the water. As it is with a child, so also it was with man, in ancient times. He performed his ablutions when forced to do so by religious ordinance for fear of punishment if this was neglected. Therefore we find in the Tabernacle in the Wilderness, for instance, the molten sea in which the priests were commanded to wash before they appeared at the temple service, and the penalty for neglect of this duty was death. Similar rites prevailed also in other religions.

Later it became unnecessary to require cleanliness as a religious duty of man, because he made it a virtue above all others. As the ages have gone by the practice has spread from the highest strata of society even to the very lowest, and cleanliness of the body has become a fetish, particularly in the western world. No one is respected who does not bathe regularly and at frequent intervals. A person commands respect only in the degree that his body is well-groomed and clothed; even though he may be worse than a whitened sepulchre within, the mind filthy with impurities.

The care of the teeth has also received an increasing amount of attention, and the further we go West, apparently, the more frequent the use of the toothbrush and bathtub.

It cannot be denied that the foregoing seems very commendable. Cleanliness has its root in religion, and surely it would be a strange parent who would rejoice in seeing his or her offspring always carrying the unavoidable marks of play on hands and face without making an effort to remove them with soap and towels; neither can it be denied that a great many of the diseases to which mankind is heir are due to defective teeth and that uncleanliness is the chief cause of dental decay. The reader may therefore well ask himself or herself what we mean by our heading: '*The Vice of Excessive Cleanliness.*'

The direct answer to this question is, that while cleanliness itself is a virtue, it becomes, like many another good thing, a vice by being overdone. Water is the universal solvent, and taken internally in small doses it is good, but taken at the

wrong time, with meals, for instance, and in excess, it becomes a poison; it dilutes the digestive fluids and cools the stomach so that the condition necessary for the proper treatment of the food is disarranged and in time, if the habit is persisted in, it impairs the digestion permanently. So also when water is used to excess outside and under improper conditions, it may affect the health very seriously.

This has been demonstrated many times in our experience on Mt. Ecclesia. A number of people who came here had been in the habit, prior to their arrival, of bathing every day and sometimes twice or three times a day. They were ,without exception, in a very serious rundown condition, because the excess of water applied had depleted the skin of its fatty substance, and the vasomotor system was unable to operate properly, to close or open the pores as required.

But there was another effect of this excessive bathing, not seen or understood, unless by one who has the requisite occult knowledge, and the spiritual sight to investigate the matter properly. Others may know the truth of the following explanation because of their own experience along the lines of healing by magnetism.

We all know that when we take a physician's galvanic battery and place one electrode in a basin of water, holding the other electrode in the hand, the flow of electricity through our body is much stronger when we put our other hand in the water, than if we hold both the electrodes without contact with water. When water is evaporated its molecules are broken up and each fragment is then enclosed in an envelope of ether which will act as a cushion and is the basis of elasticity in steam. When condensation takes place the surplus of ether disappears, and water becomes incompressible as the solid rock.

But water has great yearning for ether; it cannot take it from the air, however, any more than we can absorb nitrogen though we breathe it continually. Fluid is volatile in proportion to the amount of ether it contains, and we have an example of the intense greed of water for ether in the avidity wherewith it absorbs anhydrous ammonia, a fluid so volatile that it boils at 26 degrees below zero. This shows why water causes so voluminous a flow between a battery electrode and the body, and explains many phenomena, among others, why moisture aids so materially in transmitting good magnetism, the vital fluid of the healer to his patient, and withdrawing bad magnetism from the body of the latter. Also how necessary and helpful it is to wash in running water so that the poisonous ether taken out of the patient's vital body may not hamper the healer. When we take a bath under ordinary normal circumstances we remove a great deal of effete poisonous ether from our vital bodies, provided we stay in a reasonable length of time. After a bath the vital body becomes somewhat attenuated and consequently gives us a feeling of weakness, but if we are in ordinary good health and have not stayed in the bath too long, the deficiency is soon made good by the stream of force which flows into the human body through the spleen. When this recuperation has taken place we feel renewed vigor and attribute it to the bath without realizing *the full fact* as above stated.

But when a person who is not in perfect health commences to bathe every day, perhaps twice or three times a day, an excess of ether is taken from the vital body. The new supply entering by way of the spleen is also diminished on account of the attenuated condition of the vital body; thus it is impossible for such persons to recuperate after repeated depletions and as a consequence the health of the dense body suffers; they lose almost every ounce of strength and gradually become confirmed invalids. Being in this delicate state they are unable to eat and assimilate truly nourish-

Anhydrous adj., Without water, applied to minerals in which the water of crystallization is not present

ing foods and in time their condition may become very, very serious.

Cases of this description are exceedingly difficult to handle, because they usually occur with people with common signs on the angles, with many planets in these signs or with the Sun and Ascendant there. This class of people resent any interference with their diet and habit of bathing, because they think they are paragons of cleanliness, which is in their eyes a chief virtue. They believe they cannot live without so many baths daily and as their appetite is so slight and delicate they believe that they know better than anyone else how to look after that part of their requirements, but they are wrong in both cases as shown by the foregoing.

Their first step to health involves that they cease water bathing entirely for a time. The dry bath is the proper restorative, and for this purpose, a pair of coarse gloves made of linen tape loosely woven is best. With these the body may be rubbed morning and evening until the skin shows a healthy glow. By this process the superfluous cuticle is removed but the oil and ether remain. Thus the patient will build up very rapidly, for when the chemical ether increases, the power of assimilation also revives and there is an immediate gain of both strength and flesh. If necessary, the patient may be given a very light warm sponge bath once a week, but no tub baths should be attempted until he or she is fully recovered.

While we have made an idol of our bathtub, we have also made a fetish of the toothbrush. In one sense it is not as dangerous as the bathtub, because each person has his own toothbrush and the disease germs which remain upon it despite the most careful washing, come in contact only with the person to whom they belong, whereas the disease germs left in the bathtub are a menace to all who follow. These organisms are harmless to a person in good health, but anyone who is not in full vigor and therefore susceptible to disease may catch any infection by bathing in a bathtub after someone else. For this reason the sponge bath is to be preferred to the tub bath except in families where the conditions of the members are known and proper precautions taken.

But to come back to the toothbrush. As already said, though we may cleanse this little instrument ever so carefully, it is absolutely impossible to render it aseptic, and the longer we use it the worse the condition naturally grows. This is a fact recognized by all dentists, and it is a menace of the greatest magnitude to the hygiene of the body, particularly among people who persist in feeding upon the decaying carcasses of murdered animals. The process of putrefaction which commences the moment the animal is killed, is enormously accelerated by the heat of the mouth and particles of meat lodged between the teeth, rapidly become a dangerous source of infection. These particles are not removed by the toothbrush, and are the cause of a number of diseases of very grave character.

We all know how essential mastication is to proper digestion, therefore the importance of sound teeth can not be overestimated, and the danger of these decaying particles of meat to the life and health of the teeth is therefore one of the very gravest dangers to human existence, comfort and well being. *Every tooth lost, lays us more liable to disease and death.* The skill of the dentist may give us a new tooth, but even the best product is far below the standard of nature, in fact, if the writer remembers rightly, it has been estimated that the pressure that may be exerted with impunity upon one of our natural teeth is six hundred pounds to the square inch, this being the pressure when masticating some very hard substances. The product of the dentist also, if memory serves aright, will not endure more than three hundred pounds, hence such a tooth would only be one half as ef-

ficient as the product of nature, not to speak of other disadvantages.

As soon as we adopt the vegetarian diet, we escape one of the most serious menaces to health, namely, the putrefaction of particles of flesh imbedded between the teeth, as said in the foregoing paragraph, and this is not one of the least arguments why a vegetarian diet should be adopted. Fruits, cereals, and vegetables are from their very natures *slow to decay;* each particle contains an enormous amount of ether which keeps it alive and sweet for a long time, whereas the ether which interpenetrated the flesh and composed the vital body of an animal was taken away with the spirit thereof at the time of death. Thus the danger from infection through vegetable food is very small in the first place, but many of them so far from being poisonous, are actually antiseptic in a very high degree. This applies particularly to the citrus fruits: oranges, lemons, grapefruit, etc., not to speak of the king of all antiseptics, the pineapple, which has been used very often with complete success as a cure for the dreaded diphtheria, which is only another name for a septic sore throat. Thus instead of poisoning the digestive tract with putrefactive elements as meats do, *fruits cleanse and purify the system,* and the pineapple is one of the finest aids to digestion ever known to men. It is far superior to pepsin, and no fiendish cruelty is used to obtain it. Furthermore, with such a diet many dangers to health may be avoided.

Reprinted from August 1915 *Magazine.*

OUT OF THE LIGHT

(*Continued from page* 258)

"Yes, you and I," replied the child.

"But Bob—your father?" Mary queried.

Betty shook her head. "He is not ready to come yet."

Mary looked into the blackness from where Bob's voice was calling to her.

"Oh, what shall I do?" Mary looked at Betty for counsel but received only a smile. Mary knew, somehow, that the decision was up to her. Then a happy thought came.

"Why can't you come, too, Betty? Your father will be so happy; we have dreamed about you so much."

Betty shook her head again. "I can't. You have done all you can for me by building me a physical body. From that, I have learned what I need to know for the time being, and now I am free again to go about my work here. You must either return alone or else stay here with me. You are the only one who knows if your work on Earth is finished."

"I shall be so lonely now that I have seen you," said Mary.

"Perhaps I can help you. There is a little boy I know who would like very much to come and live on Earth with you and daddy; you could take him after you get strong again."

A little boy? Mary felt exuberant. "He could go so many places with Bob and be of such company for him."

Betty nodded and smiled. "Daddy would be proud to have a son."

"My work is not finished," Mary said. "I must go back. Bob needs me. It would be selfish to stay here. I must give the Earth a son who will tell the world about the things I have just learned. Good-bye, Betty. I am proud to have helped you, and when I have finished my work on Earth I'll come back."

"Good-bye," Betty waved. "You will be a good mother."

Mary turned her face toward the blackness; she could hear Bob's frantic voice above the noise and din of the train wreck. She turned at the edge of the light and looked back at Betty who waved encouragement.

"Oh, I don't want to go back," sighed Mary, "but there is Bob—and our son—yes, they will both need me."

[*The End*]

Patients' Letters

New Mexico, December, 1943

Department of Healing,
Dear Friends:

This is a weekly letter to keep in touch with you that you may know that I have been greatly helped by your noble service.

About three nights after I had written to you for help, I was awakened by an unusual pulse beat in my neck which caused me to count the beats. To my very great joy I found that my heart beat is normal.

I feel that Invisible Helpers were present and worked a miracle in restoring me to health.

Now I am interested in getting into some useful, profitable and enjoyable employment.

Very sincerely and gratefully yours,

—*D.B.*

Colombia, April 1944.

The Rosicrucian Fellowship
Oceanside, Calif., U.S.A.
Most esteemed friends:

In the name of God I give thanks for all the benefits your noble Order is bestowing on poor humanity.

I must tell you that in the month of February the dreadful attack of nerves from which I suffered, and which distorted my face beyond recognition by even my own family, completely left me. I have no pain any more, and my joy, relief and gratitude to God and you all for your disinterested prayers for one you do not know, are inexpressible in words.

—*S.V.T.*

Michigan, April 1944.

Rosicrucian Fellowship
Healing Department
Dear Friends:

At this joyous Easter Season I want to express to you in some small way my appreciation for your great kindness to us in your healing work.

On Sunday, April 2nd, I sent a wire to you requesting your special prayers for my son. He was very ill—a severe case of measles but with temperature 105 at times, and indications of complications setting in. I had done my utmost and felt we needed your help, for it seems when he becomes ill, all the forces of darkness descend upon him.

The aid we received was immediate, and miraculous, and a special peace descended to rout the darkness and pain and anxiety we had known. We cannot adequately express our deep gratitude for your beneficent kindness, but accept it as a loan from the Universal "bank" of service and trust some day to be able to return to the Divine Supply some efforts worthy of our gifts.

Sincerely yours,

—*S.V.L.*

Healing Dates

May ..... 4—12—18—24
June ..... 1— 8—14—21—28
July ..... 5—11—18—25

Healing meetings are held at Mt. Ecclesia on the above dates at 6:30 P.M. If you would like to join in this work, begin when the clock *in your place of residence points* to 6:30 P.M., or as near that as possible; meditate on health, and pray to the Great Physician, our Father in Heaven, for the healing of all who suffer, particularly those who have applied to the Invisible Helpers.

People Who Are Seeking Health

May be helped by our Healing Department. The healing is done largely by the Invisible Helpers, who operate on the invisible plane, principally during the sleep of the patient. The connection with the Helpers is made by a weekly letter to Headquarters. Helpful individual advice on diet, exercise, environment, and similar matters is given to each patient. This department is supported by freewill offerings. For further information address, The Rosicrucian Fellowship, Oceanside, Calif., U.S.A.

CHILD'S READING

(*Continued from page* 267)

veterinarian could be combined with that of farmer or stock raiser. Curing by hydrotherapy is indicated by water signs on the Midheaven, 2nd, and 6th cusps, and Sun and Mercury in Cancer. Musical ability is also shown by the sextile of Venus to Mercury and semi-sextile to Neptune and Jupiter. The sextile of Mercury to Mars gives unusual dexterity.

Life

A sacred burden in this life ye bear.
Look on it, lift it, bear it solemnly,
Stand up and walk beneath it steadfastly;
Fail not for sorrow, falter not for sin,
But onward, upward, till the goal ye win.

—*Kemble.*

Children's Department

The Swimming Teacher

By Lillian H. Crone

SATURDAY morning Chuck and Pete and Bob and Ted all came into the kitchen to ask if Edwin might go hiking with them. Mrs. Miller looked up from her cookie baking with a worried frown.

"Can't you boys be satisfied to play in one of our nice backyards, or put up a tent, or dig in the garden? Certainly, so early in the spring, when the snow has just melted, is no time to go hiking."

Mother is always like that—wanting a fellow to stick around home, thought Edwin. Why couldn't she be more like Chuck's and Pete's mother, who just lets them go anywhere on Saturdays or evenings after school? All she ever says as they start off, is, "Be back by mealtime, or you won't have anything warm to eat."

Especially, when "The Bunch" wants to go somewhere near water! Then Mother is a real drawback to all our plans. The time when I came home with wet hair and my shirt buttoned wrong, she got worried when we confessed we had been swimming in the old quarry pond.

"But, son, you can't swim a stroke," she said, "How can you think of frightening me so?"

"But a fellow has got to learn some time, and how can I learn, if I never go into the water? Chuck and Pete and the others all learned by themselves, so why can't I?" Edwin asked, looking and feeling very peeved.

Then Mother again told the story of two little boys who were drowned after they had promised their mother not to go in swimming. That all happened when mother was a little girl and lived beside the Mississippi; but she never got over the horror of water afterward.

"But, Mother, we have only small rivers out here. Besides, how could I drown in the quarry pond? It is only two feet deep where I was. I know, 'cause I did the 'belly-crawl' and I could feel the bottom under me all the time," Edwin explained.

Then she warned us of sudden "step-offs" into deep water; of getting cramps and drowning in a mere two feet of water. What won't a mother think of when she doesn't want a fellow to go swimming and has her mind all made up at the start?

Placatingly mother continued: "Some day I shall have a real swimming master teach you how to swim, Edwin, and then you may go in any time you please. But until you can really swim, I must insist that you stay out of the water."

That's what she always says, and that's all there is to it. But when was a swimming master coming along to teach me? Couldn't any of the boys do it as well, or couldn't I just teach myself as they did?

Here Chuck, the oldest of "The Bunch," intervened in Edwin's behalf. "Please, Mrs. Miller, let him go along today. I'll promise you, we'll not let him go into the water, even if we do ourselves. My mother doesn't care if I do swim. Edwin can stay on the bank and skid stones on the water, or do anything else he wants to."

"It isn't that I don't trust Edwin if

he promises me not to go in. So, if you will promise me, son, you may go today," Mrs. Miller at last yielded.

"Sure, I'll promise, Mother," agreed Edwin happily as he whistled for his collie dog, Juno, to come along.

Juno was only six months old, but she was one of "The Bunch" and they wouldn't think of going hiking without asking her to go, too. She shared their games, their lunches, and—yes—she even went in swimming with them in the quarry pond. And could she swim! But, who had ever taught her?

Lizard Creek was high up on its banks and brawled with a rush past the bend just before it joined the Des Moines river. For awhile, the boys strolled along a high clay bank. But they soon tired of that.

"No one should try to swim in this swift water," wisely suggested tow-headed Pete. "Let's go up a ways where the water is more quiet and take a swim."

"Want to try it, too, Edwin?" tempted Bob with a mischievous grin. "Your mother will never know."

"No, Siree!" Edwin stoutly took his stand. "I'm not going to lie to my mother."

"You'd rather stand there on the bank all your life and wait for an A No. 1 swimming teacher to come along!" taunted Bob.

"I want to learn to swim more than anything else. But I'm sticking to my promise just the same," replied Edwin.

The four boys undressed and hung their clothes on some bushes; then got gingerly into the cold water in a cove sheltered from the wind by a growth of willows, and were soon splashing around to keep warm.

Edwin and Juno found some crayfish holes in the steep clay bank and began digging out the fish. Edwin laughed to see them go in backwards, leaving their long feelers sticking out. With a stick, he helped Juno dig out a big one. Dislodged from its cave, the big "crawdad" scrambled hastily over the slippery shore seeking new shelter elsewhere, and Edwin and his dog were in full pursuit, the boy shouting lustily and Juno barking like mad.

Just where the shore narrowed and they were running close to the water's edge, Edwin's feet slipped out from under him on the wet clay and he fell into the shallow water. His clothes and shoes were soaking wet and his spirits were considerably dampened as he dragged himself out and went back along the bank.

The other boys had seen him slip in and they began shouting advice to him.

"Take off your clothes and hang them on that bush on the shore," suggested Ted. "We'll not tell, and your mother won't know if you dry out."

Edwin spread out his clothes on the bushes so that the wind and sun would dry them, but he shivered in the cold wind that was blowing quite a gale.

Chuck put his hands to both sides of his mouth and yelled, "Better keep running up and down along the shore or you'll catch cold. Put on my coat if you feel too chilly!"

Edwin was only too glad of the warmth of Chuck's coat around his shoulders, for he was shivering all over, naked and wet as he was. So he and Juno raced each other up and down the beach to get a little warmer.

The four boys went back into the water and paddled around vigorously, paying no further attention to Edwin.

Tired, and warm again from running, the boy and dog rested for awhile. Then Edwin found some nice stones, flat and round like a dollar which seemed just made for "skippers." He held one between his thumb and forefinger and sent it skidding over the surface of the water.

"Wasn't that a good one, Juno?" he asked the dog, which was sitting beside him, watching admiringly and barking at each throw. Then he stood up and tried again and again. Soon he became thor-

oughly engrossed in getting a stone clasped just right in his hand, letting it fly, and watching it skip over the water's surface, dipping here and there in its flight like a bird.

In his eagerness to make a good throw, he came to the curve where the shore rose to a steep bluff and where the river made a sudden turn to the right. Just as he tried throwing again, his feet slipped out from under him and he plunged into the deep, brawling river below. Chuck's coat spread out on the water, then sank.

The water was so deep that Edwin could not get his feet back under him, nor did his frantic attempts enable him to reach bottom. In another instant the rushing torrent had sucked him in and was bearing him along downstream, and he went under.

For a moment, he swallowed water, choked, but was too startled to make an effort to help himself. He threw back his head, and as he came to the surface he could see he was being swiftly borne down midstream and was headed toward the angry rapids at the juncture of the creek and river.

Frightened beyond measure, he began plunging desperately, making attempts at swimming, but in his terror forgetting everything the boys had told him about swimming strokes. But he did remember to keep his mouth shut and to throw back his head.

Again the tumbling flood carried him under and he realized he was helpless and that he was drowning!

A sudden thought of his mother's agony flashed into his confused mind. If he were brought home dead, she would certainly believe he had undressed and deliberately gone into the water to swim. She could not help believing he had broken his promise to her, for the other boys were up stream around the bend and had not seen the accident.

"Oh, but I can't die," he cried, "I can't drown with mother thinking I lied to her! Oh, God, can't you see! I didn't disobey mother! Help me, God, please!" And again he fought with might and main against the water.

At the same moment, a soft, shaggy body brushed against him, and he saw it was Juno swimming along beside him as he drifted helplessly. But when he tried to grasp her and hold on for his life, she quickly slipped out of his reach.

Then he saw her again, holding her nose high and steadily treading the water with her fore paws, "dog-fashion," the boys called it, the first and simplest stroke the boys had been trying to teach him. Quietly and steadily the puppy first made a half circle around in front of him, then started off as if leading the way.

The thought shot into Edwin's mind that she was trying to help him—to teach him! Then he became quite calm and he began imitating the dog's quiet, steady stroke—pulling the water first with one hand, then with the other, meantime keeping up a steady beat with the right, then the left foot, and letting his body sink deep into the water up to his lips. To his great joy and surprise, his head remained above water and he did not sink again! He realized he was going to make it!

As soon as the dog saw Edwin was trying to follow her, she began to cut across the current toward the left shore. The boy tried to do the same, but he soon realized that he had the double struggle of fighting the current as well as keeping himself afloat.

Continually the little dog kept turning and looking back to see if he were following her. Once or twice she came back to encourage him; then steadily headed for shore again.

Edwin set his jaw hard and with every bit of his strength, stroked and paddled against the current for dear life. Inch by inch, it seemed that he saw the shore draw closer. When he felt the current tugging at him less and less, a thrill of joy went through him, for he *knew* now he was going to make it!

Just as the two swimmers emerged from the swirling suction of the main current, and Edwin dropped his foot down to feel bottom, he heard the excited screaming of his friends who only now were discovering his great danger.

"Hi, boys! Boys! See Edwin swim! See him! See him make it!" yelled Chuck, waving his hands over his head and screaming until his voice cracked.

The tired boy and his faithful dog dragged themselves out on the gravel shore and lay panting and exhausted. Edwin hugged the little dog tight in his arms, buried his face in her wet, woolly neck, and cried and cried.

Just then the group of naked boys came running along the shore, wildly excited and hurling questions at Edwin.

"What were you doing in the water? What are you crying about, Edwin? You made it all right; you ought to laugh instead! And here we thought, all the time, you couldn't swim!"

Finally, Edwin made himself heard above their shouting voices. "No, I didn't know either that I could swim," and he smiled, weakly. "I fell in. Juno came in and taught me how to swim out!"

"But in such water as that!" protested Chuck, motioning backward toward the churning river. "I couldn't have done it myself! Could you, fellows? To save me, I don't understand how you did it!"

Edwin smiled at his compliment, for Chuck was the best swimmer of all "The Bunch."

"This is how it was," explained Edwin. "At first I thought I was drowning. Then I began to think how Mother would feel if I died and she believed I drowned lying to her. I just had to make it! I prayed to God. He sent Juno to be my swimming teacher. Without her showing me how, I never could have done it. Don't you see, boys?"

The boys all crowded around the panting dog and stroked her. She looked up at them and whimpered happily.

Edwin got up from the ground and called to the dog, "We've had enough swimming for one day, haven't we, Juno?"

"Not going home yet, are you?" asked Ted.

"I sure am," replied Edwin. "I've got to get into my clothes, wet or not, and go home and tell Mother that I kept my word to her and learned to swim to boot!"

The other boys started back with Edwin toward the bushes where their clothes hung. Chuck and Pete walked beside Edwin while Bob and Ted followed, their hands on the head of their little hero, Juno.

"A real swimming teacher, isn't she?" shouted Ted. "Say, let's tell your mother she won't have to hire a teacher for you now! At least, not when Juno's along!"

Pete turned and looked at the dog. "The best swimming teacher in town, and in your own family, at that!"

LET MUSIC HELP YOU

(*Continued from page* 271)

tion which attempt to pass for music today. All deep occult students know that this form of sound, with its weird groaning, wailing, thumping noises, has been borrowed from the Negro race and has its origin as far back as the Lemurian Epoch of our present World Period, when infant humanity was making its first feeble effort to develop that which later became speech. They know that this clownish noise is not truly music at all; and furthermore that its low vibrations have had much to do in bringing about our present unhappy environment; for it works directly against the building power of the music of the spheres.

The time is not far distant when the healing power of music not only will be recognized, but musical vibrations will be used as a curative for practically every form of disease.

Echoes from Mt. Ecclesia

THE Fellowship welcome mat was spread out for Miss Lewellyn Lissak, recently returned to her desk in the upper administration office after an absence of about a year and a half. She states that although she has been living in one of Nature's beauty spots (Laguna Beach, Calif.), her heart yearned for the hallowed atmosphere of Mt. Ecclesia.

"Times have changed," murmured an old-timer at breakfast the other morning. "It used to be that horses carried the man to work. Now look."

A truck had driven up. Comfortably installed in a box trailer were two big plow horses, whose owner had brought *them* to work in style.

Another of our former workers at Mt. Ecclesia now in the armed services is Wilburn Wyatt, who made a brief visit to Headquarters recently. He has been stationed in various parts of the United States, employed as instructor in mechanical engineering, repairing airplane instruments. He is soon to be transferred "somewhere in the Pacific."

These months seem to be a time of enduring, of "patient persistence in well-doing." Since the stringent travel restrictions, Headquarters is not the humming hive of activity it has been in former seasons when guests from all over the world thronged here; faithful workers plod along day after day in an attempt to keep the work rolling along. It is not for a moment to be considered drudgery, however! Every day something occurs to enhance the Vision, to renew and invigorate our aspirations, to deepen our gratitude to the Elder Brothers for being permitted to be a channel through which the beauty and truth of the Rosicrucian Teachings are being poured out into the world.

Of course we do not know how our readers feel about it, but to us it seems that sharing some of our letters with you serves as a unifying agent, welding our efforts, our prayers and aspirations into one tremendous world-wide movement, with no other objective than to be of service to humanity.

"This philosophy means everything to me," writes a new student, "as it has filled a vital need in my life—a need which nothing else could ever have supplied and I bless the day when the Cosmo-Conception was placed in my hands by a friend at a time when I must have 'gone under' without its message and promise."

Writes another: "The Rosicrucian Cosmo-Conception is the most brilliant book I have ever read. There are no words to be found in the language of man that can justly praise it."

And: "I'm in the army, and we have very little time of our own. . . . Don't forget my lessons, as they are the one source of inspiration and courage to me. God bless you, dear friends—Yours in humble service."

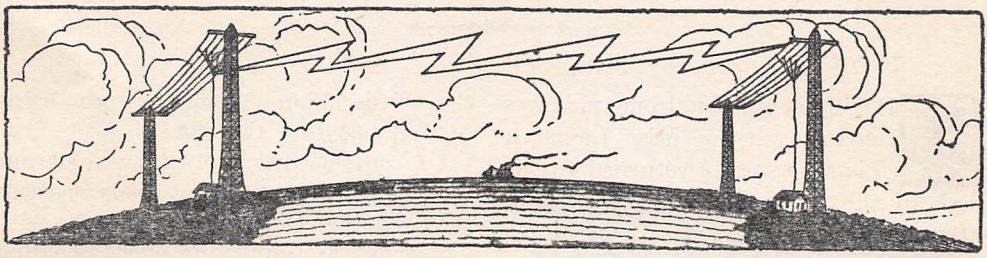
We should also like to share this poem of Irene Stanley's with you, which by the time you've read it once or twice, sings through your heart of its own accord.

BLESSED BE LOVE

Love, they are rich who have walked with you,
Even when tragedy stalked with you!
Blessed are all who have talked with you,
Looked in your eyes!

Poor is the creature apart from you,
Foolishly turning his heart from you!
They who return to and start from you
Only are wise!

Rosicrucian News Bureau



• • • •

Every time we settle down to this column we indulge first in a bit of wishful thinking—imagining the kind of "news" we should *like* to be reporting to you, and to the world at large. The letter that touched off the wishful thinking this time is quoted:

"The Rosicrucian Fellowship
Oceanside, Calif.
Gentlemen:

A few days ago, while browsing in the Library, I happened to come across your volume entitled, "The Rosicrucian Cosmo-Conception," by Max Heindel. The title fascinated me, and after reading a short way, I realized that this was the most stupendous book that had ever come into my hands.

My mind is now aflame with the greatest desire which it has ever experienced—the desire to become part of your brotherhood; to pursue relentlessly your divine teachings.

As a member of the armed forces I do not know if I will be able to accomplish this, but I beseech you, if there is any possible way that I may further enlighten myself through correspondence, please forward such information to me as soon as possible.

Yours sincerely, S.P. Ph.M. 2/c."

Reports something similar to this come to us also with regard to our Magazine. We who have studied the inimitable Rosicrucian philosophy for years, have become accustomed to the splendor, the unspeakable glory of the vision it contains. Letters like the above remind us of that time of our own thrilling discovery of the Teachings, how our "mind was aflame" with the desire to learn more, to become part of the "brotherhood." Max Heindel himself was thrilled and awed at the magnitude and profundity of the information given him.

So the wishful thinking becomes an intense desire, an unquenchable determination to have in every library throughout the world a copy of *The Rosicrucian Cosmo-Conception,* to be accessible to those who seek.

By their repeated lives of utter sacrifice, our Elder Brothers have earned the right to wisdom and knowledge; through rigid training and self-denial Max Heindel earned the right to receive some of that great knowledge, provided he would give it to the world.

We are the present custodians of it. We must not rest until we have done everything in our power to circulate the Cosmo throughout the World. Is there a Cosmo in your local library? In the servicemen's camps adjacent to your vicinity? If there is not, an opportunity is waiting for you to bring such joy to a fellow being as attested to in the letter quoted, to earn the deep and joyous gratitude of the Elder Brothers, and to chalk up a good deed to your own account.

Barbados, B. W. I.

It seems that our Study Group in Barbados has achieved an all time "high." The secretary, Miss Elma Spooner, writes that a celebration was held on Christmas Day, the anniversary of the Group's beginning. The program, which consisted of choir music,

recitations and plays, commenced at 3:30 P.M. and lasted until 8:00 P.M. Over 200 spectators were present, not counting the numerous members of the choirs and participants in the program.

These friends request our prayers for help in the greater progression of their work.

MINNEAPOLIS, MINNESOTA.

We are happy indeed to learn that the Philosophy class is being resumed at this Center. When classes in the Rosicrucian Teachings are discontinued it is somwhat like being forced to haul down the flag of one's country in defeat. Therefore we are proud and deeply grateful to know that the Rosicrucian flag of selflessness and brotherhood is again flying bravely in Minneapolis.

Mr. Raymond Mann, the secretary, reports that on three healing dates during the month no one attended. We have given this prayerful thought, and finally offer the suggestion for your consideration that the Healing Service (at least the concentration period) be held on the same evening as the Philosophy and Astrology classes. At Headquarters, as you probably know, we hold Healing Service every night in the Temple, regardless of whether or not the moon is in a cardinal sign. Thus the very great privilege of Rosicrucian students to participate in the "healing of the nations" will not be neglected.

Our constant and earnest prayers are offered to the Father in your behalf, dear friends, as they are for all of our Study Groups and Centers.

NEW YORK, NEW YORK.

Veronica Johansen, secretary of the 73rd St. Center, reports (in addition to a very lively and interesting program) the novel and worth-while idea of an "Information Hunt," using early issues of the *Rays* as a basis. There follows an evening of discussion, music, and refreshments. Surely many gems of truth will be unearthed, truths that are not widely publicized but vastly worth knowing and meditating on.

World Headquarters

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KANSAS CITY, MISSOURI.

From Jeanette Mullineaux's report we note that Mr. King is using for his philosophy class discussions consecutive pages in the Cosmo-Conception. This seems a splendid idea, being one of the surest ways of becoming well-grounded in the Rosicrucian philosophy. Studying the philosophy topically, from the Index of the Cosmo, is another excellent method sometimes used by students. We appreciate hearing of these innovations, and trust they may be of help to other Centers also.

SEATTLE, WASHINGTON.

"Considering the press of outside activities and working hours," writes Miss Thelma Gaylord, secretary, "the attendance maintains a fair level. The selection of topics is varied and interesting, and well received by those who attend."

Our hearty greeting to this Center, and best wishes for their continued good work.

ANN ARBOR, MICHIGAN.

A brave soul in this city has opened her home at 611 N. Main St., for Healing Service on Wednesdays, at 8:00 P.M., and Temple Service on Sundays, at 8:00 P.M. Pamphlets of our literature have been placed in racks at the bus depot, and every means possible are being used to introduce the Rosicrucian Teachings. We hope other students will join with this friend, "massing their coals."

ROCHESTER, NEW YORK.

The report from this Center sounds progressive and inspiring. "Our main highlights this past month," writes Miss Ann Duzman, "have centered around the Lenten Public Lectures. In addition, most of us have had talks and discussions on the Bible, and have been digging deep into the occult significance of the Gospels, Psalms, and sayings of the Lord Christ, as a preparation for true devotional service during the Lenten Season. Many a person has gained in inspiration and zeal as a result of this study. We hope to do better and

better with each succeeding month. I should say that greater interest and enthusiasm for the Bible has been shown, too."

According to their Bulletin, the young people took charge of the Easter evening program, as is the annual custom at this Center. Obviously this is an admirable practice.

The Rosicrucian Method of Caring for the Dead

In the hope that humanity will soon waken to the vital importance of the proper care of the dead, we present from time to time a list of morticians equipped to care for the body according to Rosicrucian Fellowship methods. The body is kept without disturbance in a quiet room, at a low temperature (without embalming) for three and one-half days immediately following death.

The reason for this procedure is that at death the Ego or spirit withdraws from the body and hovers over it during this three and one half day period, reviewing the scenes of its past life which have been impressed upon the permanent seed atom in the heart, the record of which becomes the basis for future conscience. If the body is disturbed, as in embalming, the proper concentration of the spirit is interfered with and as a consequence the spirit suffers loss in its subsequent life. When the life panorama has been fully reviewed the silver cord breaks and the spirit is free of its earthly house. The body should then be cremated, a process more sanitary than the slow process of decay. (Further details may be had upon request.)

Cards of instruction for the care of one's body after death according to the Rosicrucian Fellowship method will also be sent free of charge to those requesting them. Since some states have laws requiring embalming within a short time after death, it is safest to leave specific instruction for the proper care and disposal of one's body.

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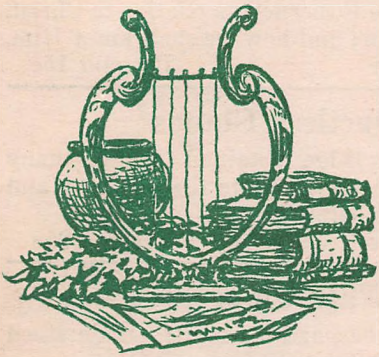
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